

Confirmation of research ethics Clearance

Dear BARRY MCLAUGHLIN

Re: Project Title: OCD in the Age of AI: An Exploration of Chatbot Use, Reassurance Seeking, and Psychological Distress ; **Review Reference:** 2026 Aug 35203 MCLAUGHLIN

Your application has been reviewed and I can confirm that **this study has received research ethics Clearance** and can proceed as soon as you receive this confirmation.

This document can be used as evidence of authorisation.

Please note that if you need, in the future, to make any amendments to your study details now that it has been approved, that you can make a request for amendments using the ERM form itself. To do this, go into your original application and create a 'Sub-Form' to request amendments. Details about doing this are provided in the ERM Applicant Guide.

Yours sincerely,



Prof Cormac Ryan

on behalf of

AHP Research Ethics sub-Committee