

A Qualitative Exploration of Therapist Perspectives of Relational Competencies in CBT including ERP for OCD

Seeking research participants

Are you...

- Accredited and/licenced counsellor, psychotherapist or psychologist.
- Uses CBT including ERP as a core modality for OCD.
- Primarily works with OCD - at least 50% of your caseload includes OCD clients.
- 2+ years post-qualification.
- Works in an organisation or private practice (in any country).
- Currently in clinical supervision.
- An English speaker.

What is required

Research participants are needed for a 1.5hr video call on a day and time that meets their schedule. Calls need to be recorded by 5th October 2026. Calls will be conducted by Microsoft Teams.

How do I participate?

Please email to register your interest and to ask any questions. You will be sent a participant information sheet and consent form which will include how your data will be stored and handled, and your right to withdraw. In addition a data privacy notice will be also sent to you before scheduling the interview.

Thank you for your time and consideration,
Stuart Ralph - Hon.stuart.ralph@roehampton.ac.uk

Psychotherapist and Honorary Researcher at University of Roehampton

Thank you for your time

To register your interest please contact Stuart Ralph: Hon.stuart.ralph@roehampton.ac.uk