

26 May 2026

Co-Principal Researcher: Richard Moulding

Student Researcher: Isabelle Reinal-Silva, Jessica Gardener, Van Nguyen, Jordan Davis, Nadine Rivers

Co-Researcher: Nil

External Co-Researchers: Nil

Project Title: Existential Concerns and Obsessive Compulsive Disorder and Hoarding Disorder.

Project Number: 2024050801

Extended Completion Date: 31 December 2026

Dear Researchers,

Re: Ethics Application amendment

I am writing to confirm that the above project has been granted an amendment approval by Cairnmillar Institute Human Research Ethics Committee (HREC) effective 26 May 2026.

The following are the conditions attached to the approval of the research:

1. Approval is strictly limited to the research proposal submitted to Cairnmillar Institute HREC.
2. Approval of this research project is valid only to the proposed completion date as stated in application. **A final report must be submitted to the HREC, using the appropriate form, once all data has been collected and the project has concluded.**
3. **If the research is proposed to exceed 12 months, the researcher must submit an annual 12-month progress report to the HREC through the Principal Researcher.** The first annual report is due 12 months from the date of initial approval. Failure to submit a progress report will mean approval for the project will lapse and a new application will need to be submitted to the HREC. A researcher must not continue with the research if ethics approval has lapsed and or been withdrawn.

4. If a decision is made to discontinue and /or abandon the research, the researchers must provide a written report to the HREC and provide reasons for the decision within one month of the decision.
5. The researchers must notify the HREC in writing for any alteration to the research using the appropriate form.
6. It is the responsibility of the Principal Researcher to report any issue or occurrence that may warrant review of the ethical approval of the project, including any occurrence of serious or unexpected adverse effects of the research on participants, and any problems relating to the conduct of the project.
7. At all times, the researchers are responsible for the ethical conduct of the research and must adhere to the guidelines established by Cairnmillar Institute.

Yours sincerely,

HREC Secretary
Cairnmillar Institute

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