

13/02/2026

Div of Psychology & Lang Sciences

Dear Emma, Dr Hogg and Professor Krebs

**Notification of Ethical Approval**

**Project ID: 2189: Study Title: Treatment utilisation and barriers to treatment for individuals with body dysmorphic disorder in the United Kingdom**

**Approval end date:13/02/2031**

I am very pleased to inform you that further to your satisfactory responses to reviewer comments, your application has been approved by the Life and Medical Sciences REC.

Ethical approval is subject to the following responsibilities after approval <https://www.ucl.ac.uk/research-ethics/responsibilities-after-approval>:

**Notification of Amendments**

Please seek approval for any proposed amendments (to include extensions to duration) to this approved study. You will be able to submit amendments for this application through the [ethics@ucl](mailto:ethics@ucl) system. Further details on how to submit an amendment can be found here: [Responsibilities after ethical approval | UCL Research Ethics - UCL – University College London](#)

**Adverse Event Reporting – Serious and Non-Serious**

You must report to the Research Ethics Committee any unanticipated problems or adverse events involving risks to participants or others. The REC should be notified via email ([ethics@ucl.ac.uk](mailto:ethics@ucl.ac.uk)) of all serious adverse events immediately after the incident occurs and non-serious events within ten working days of the incident occurring. Please provide details of any related amendments to the protocol or participant documentation.

Where the adverse incident is unexpected and serious, the Chair will decide whether the study should be terminated and may seek the opinion of an independent expert.

For non-serious adverse events, the Chair will confirm that the incident is non-serious and report to the REC at the next meeting. The final view of the REC will be communicated to you.

In addition, please:

1. ensure that you follow all relevant guidance as laid out in [UCL's Code of Conduct for Research](#);
2. note that you are required to adhere to all research data/records management and storage procedures agreed as part of your application. This will be expected even after completion of the study.

We may, for the purposes of audit, contact you to ascertain the status of your research.

If you have any query about any aspect of this ethical approval, please email [ethics@ucl.ac.uk](mailto:ethics@ucl.ac.uk)

We wish you every success with this research. Helen

Helen Dougal

**Research Ethics Service**  
**On behalf of the Chair of the** Life and Medical Sciences REC