



Have you given birth in the past year?

WiPPS

Wellbeing in Post-Partum Study

We want to better understand post-partum mental health and wellbeing.

We are looking for women and birthing people (18+yrs) who have had a baby in the past year to take part in a **confidential survey**

- The survey will ask about your **mental health, emotions, stresses, and birth experiences.**
- You can **withdraw at any time.**

To learn more please scan the QR code or visit:

tinyurl.com/WellPostPart

or email the researcher Dr Karen Wetherall:

karen.wetherall@glasgow.ac.uk

If you agree, you will be entered into a **prize draw** for 5 x £50 shopping vouchers.





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University
of Glasgow

It is essential we better understand the mental health and wellbeing of women and birthing people in the post-partum period.

If you have given birth in the past year, please take part in our online survey. It only take 15-20 mins and you can opt to be entered into a prize draw for 5 x £50 shopping vouchers.

Please visit the link to the study here or in the page bio:

tinyurl.com/WellPostPart

Please share