

The Advance Choice Document Implementation (ACDI) project

Your Care, Your Say

Change is coming

- South London and Maudsley NHS Trust (SLaM) will be introducing the use of Advance Choice Documents (ACDs) across its services
- The ACDI project, run by King's College London, will look at how ACDs impact people's experience of SLaM services and if any changes are needed. This will be guided by people of lived experience and staff in "advisory groups"

What are ACDs?

- ACDs are documents that allow you to express what care you would like if you are in crisis or admitted to hospital
- ACDs can include things like who to contact in a crisis, your medication preferences, which ward(s) you'd like to avoid, what helps during a relapse, etc.
- ACDs are made with a staff member who is separate to your usual care team (a "facilitator"), your community care team, and anyone you want to invite (family, friend, advocate, etc.)

Why ACDs?

- They give people MORE SAY in their care
- Shown to IMPROVE RELATIONSHIPS between service users and their care teams
- ACDs have also been shown to REDUCE ADMISSIONS TO HOSPITAL and REDUCE TIME IN HOSPITAL

The ACDI project

The project will involve focus groups, interviews with service users, supporters, and staff, including:

- Focus groups on how to make sure ACDs are followed by staff, where to put them, etc.
- Interviews to hear the experience of making ACDs, opinions on ACDs, thoughts on having an ACD and using it
- Focus groups on what went well with ACD use and what can be improved

The project will also co-develop Recovery College courses and Simulation training for service users, carers/supporters, and staff on ACD importance, creation, and use.

To know more,
contact
ACDI@kcl.ac.uk