



BSD IRB

The University of Chicago Biological Sciences Division/University of Chicago Medical Center
5841 S. Maryland Ave., MC7132, I-625, Chicago, IL 60637
FWA00005565

Notification of Exempt Determination

Date of Letter: 12/16/2025

Protocol Number/Submission Link: [IRB25-2065](#)

Type of Submission: New Study

Status: Exempt

Principal Investigator: Jon Grant

Protocol Title: A Pilot Study Assessing Generative Artificial Intelligence (Gen AI) Chatbot Use in Obsessive-Compulsive Disorder (OCD)

Risk Level: Minimal Risk

Funding: Internally Funded

Determination Date: 12/16/2025

The above-referenced new study was determined to be exempt from further IRB review, under the Federal Regulations (45 CFR 46) category:

- .104(d) Research that only includes interactions involving educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures, or observation of public behavior (including visual or auditory recording) if at least one of the following criteria is met:
- (i) The information obtained is recorded by the investigator in such a manner that the identity of the human subjects cannot readily be ascertained, directly or through identifiers linked to the subjects.
 - (ii) Any disclosure of the human subjects' responses outside the research would not reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects' financial

standing, employability, educational advancement, or reputation.

You may begin your research as described.

If you need assistance, please contact the IRB office.

Please refer to your IRB's current policy and procedure manual available at: <http://bsdirm.bsd.uchicago.edu>.