

Living with Obsessive-Compulsive Disorder: Experiences of everyday language



SEEKING PARTICIPANTS FOR A PSYCHOLOGICAL RESEARCH STUDY!

Obsessive Compulsive Disorder (OCD) is a serious mental health condition involving intrusive thoughts (obsessions) and repetitive behaviours (compulsions) that are carried out to relieve distress.

STUDY AIMS: to explore how people living with OCD experience casual language relating to their difficulty (e.g. people saying "I'm so OCD") when it is used by other people in their everyday lives.

Seeking participants who:

- have received an OCD diagnosis from a Healthcare Professional at any point in your life.
- live within the UK.
- are aged over 18.
- currently feeling well enough to talk about their experiences
 & not going through a period of psychological distress.

To take part in a 40-60-minute online interview

To know further information and/or partake in the study, please follow the link: https://forms.office.com/e/ryi7cR533p

You can also contact: **Jeeva Johnson**(Student, Doctorate in Counselling Psychology, Glasgow Caledonian university)
Email: **jjohns304@caledonian.ac.uk**