

INVITATION TO PARTICIPATE

As part of my Doctorate in Counselling Psychology, I invite you to participate in a novel research project exploring the lived experience of therapists working with clients with paedophile-themed obsessive-compulsive disorder (POCD).

WHO AM I LOOKING TO PARTICIPATE?

- Registered psychotherapists or registered counselling/clinical psychologists who are 2 years post-qualification;
- Understand the difference between POCD and PD (paedophilic disorder) in accordance with Gordon's 2002 definition, namely, "the paraphiliac [PD] has often performed the behavior, wants to repeat it, and feels sexual arousal. The obsessive [POCD] has not performed it, wants to stop thinking about it, and feels disgust and fear over his inability to control his thoughts on the subject";
- Have lived experience working with POCD in one-to-one settings;
- Have 40+ hours of personal therapy;
- Currently undergoing clinical supervision;
- Speak fluent English;
- Willing to be interviewed.

WHAT WILL I NEED TO DO?

You will undergo a pre-screening call to confirm your suitability and ensure you meet the inclusion criteria. If you then give your consent to participate, you will proceed to a 60-90 minute interview discussing your lived experience of working as a therapist with clients who have POCD.

CONFIDENTIALITY, VOLUNTARY INVOLVEMENT, AND EMOTIONAL CONSIDERATION

Participation is entirely voluntary, and you are free to withdraw at any point before your anonymised data is included in the analysis, one month after the interview. While the interview will focus on professional experiences, some participants may find certain elements emotionally activating due to the sensitive subject matter. Please note that all personal data will be kept confidential and stored securely.

REIMBURSEMENT

The researcher will reimburse any travel expenses incurred if you choose to attend the interview in person.

POTENTIAL BENEFITS OF YOUR INVOLVEMENT

You also have the potential to be part of a research project that may assist in progressing clinical training(s), therapeutic understanding and awareness. You could also indirectly give a voice to an often unvoiced and marginalised group (clients with POCD).

GOT MORE QUESTIONS?

If you have any questions or concerns, please do not hesitate to contact me:

Charlie Rowley (Researcher), Trainee Counselling Psychologist, Metanoia Institute

06197@metanoia.ac.uk

+447554348646

THANK YOU FOR YOUR TIME AND CONSIDERATION