

Study advert

How do people who have received Acceptance and Commitment Therapy (ACT) as part of treatment for Obsessive-compulsive disorder (OCD) view it?

Research suggests there is a need for improved psychological interventions for OCD. ACT is increasingly being included as part of treatment for OCD, however, little is known about the perspectives of those who experience this approach. This study aims to explore the views of people who have received ACT as part of treatment for OCD.

You can take part if:

- are aged 18 years or older,
- provide informed consent,
- have been identified as having OCD by an appropriate professional(s), or self-diagnosed,
- have received ACT therapy for your OCD

To find out more and to take part go to:

https://nupsych.qualtrics.com/jfe/form/SV_bHk2uVJcAlyA0NE

The study has received ethical approval from Northumbria University College of Reviewers (reference number: 11005).

Investigator: Lucy Elliott (lucy.m.elliott@northumbria.ac.uk)