# Living with OCD? Join our study and help us understand your experience.



Everyone's experience is different.

We want to hear about **your** experience of Obsessive-Compulsive Disorder (OCD) and find out how different symptoms relate to brain activity.

Anyone can have OCD, so we want to hear from people from **all** cultural and ethnic backgrounds.



#### Who can take part?

If you are aged 18-55 and have a diagnosis of OCD you may be eligible to take part.

Scan the QR code below for the screening survey or for more information contact us directly by phone or e-mail, or see our website (below).

#### What are the benefits?

- Help us improve understanding of OCD symptoms and how they relate to brain activity. Contribute towards developing a screening tool to help people to choose the most effective treatments.
- Share your feelings, knowledge, and experiences.
- Travel expenses and voucher for your time.
- Optional opportunity to connect with a community of people with similar experiences via a WhatsApp group

### What will happen if you take part?

There will be 3 sessions

Interview and questionnaires (online or inperson)

2 & 3. Computer task with EEG
(in-person – you will need to travel to
the University of Winchester)
EEG is a safe, painless way to measure
your brain activity using small sensors
placed on your scalp



Help us build a better and more inclusive understanding of OCD.



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