

From: [HLS Ethics Psychology](#)
To: [Hunter, Simon](#)
Subject: HLS/PSY/25/002: Ethics Approval Granted
Date: 24 October 2025 13:24:00
Attachments: [image001.png](#)

Dear Simon,

HLS/PSY/25/002

‘I’m so OCD’: An Interpretative Phenomenological Analysis of language and stigma in OCD

Glasgow Caledonian University (GCU) School of Health and Life Sciences Research Ethics Committee (REC) has reviewed the application and reached the following decision.

Ethical approval is granted

This ethical approval applies to the protocol and associated documents presented in the application. Any changes to the protocol or associated documents will need to be re-submitted for approval by the REC.

GCU is committed to research integrity and governance, so the research/supervisory team must ensure they meet their obligations for good practice and professional standards ([see guidance](#)). Supervisors who are responsible for the day-to-day oversight or management of individuals in regulated roles are required to hold a valid PVG (Protecting Vulnerable Groups) certificate.

Research data management is the responsibility of the research/supervisory team, so please ensure this project meets the necessary legal and organisational requirements ([see guidance](#)).

Some studies require additional external approval (e.g., NHS, gatekeeper) before they can start. It is the responsibility of the chief investigator to ensure they have all the necessary approvals in place before starting a study. All external approvals for this study should be emailed to the [Research Governance Manager](#) who will record external approvals and help ensure research governance is maintained during the study.

Remember to keep a copy of this email as proof of ethical approval and use this as evidence of ethical approval in any future dissertation/thesis/publication.

The ethics committee wish you every success with the study.

Best wishes

Lyndsay McDade, on behalf of Ethics Leads Prof. Simon Hunter and Dr Lindsey Gilling
Glasgow Caledonian University, Cowcaddens Road, Glasgow, G4 0BA, Scotland, United Kingdom

