



Information Form

1. Study title and Researcher(s) Details

“I’m a little bit OCD”: the effect of film and TV portrayals of obsessive-compulsive disorder (OCD) on the self-esteem of people living with the disorder. The researcher is Alison Pinkney, an MSc student at the University of Glasgow. The researcher is supported by Dr Zayba Ghazali-Mohammed at the University of Glasgow.

2. What is the purpose of the study?

You are being invited to take part in a research study. It is important for you to understand why the research is being conducted and what it will involve. Please take time to read the following information carefully.

OCD is often misrepresented in film and television, which can lead to misconceptions about the disorder. Stigma and stereotypes are often perpetuated by portrayals of people with OCD on film and television. The phrase “I’m a little bit OCD” is used widely by many people who do not have OCD, as a popular turn of phrase, often, for example, when someone is explaining that they like to be tidy. The purpose of this study is to seek the views of people living with OCD on current media. Most previous studies have not included the lived experiences of people with OCD and therefore this project seeks to give a truer picture of what it is like to live with the disorder by asking people directly what they feel about portrayals in the media and the relationship this has on self-esteem.

3. What will I have to do?

You will participate in a one-on-one interview that will take place online. You will be interviewed over a secure Zoom video call.

The researcher (Alison Pinkney) will interview you about your lived experiences with OCD and, specifically, portrayals of people with OCD on film and TV and how you feel about the portrayals. During the interview you will be recorded for the purposes of transcription only. All recordings will be deleted after transcriptions have been generated, and only the research team will ever have access to recordings. Transcriptions will be de-identified to maintain your anonymity and confidentiality.

4. Recognition of involvement

As a thanks for your participation, and for your time, you will be provided with a £30 Love2Shop e-voucher after the study, funded by the University of Glasgow.

5. Why have I been chosen?

We want to invite adults (over 18 years old) with OCD to participate in an online interview and have therefore asked two leading charities OCD Action and OCD UK to share this advert with their networks.

6. Do I have to take part?

No, the decision to take part, or not, is entirely up to you. Your participation in this research is entirely voluntary.

You will be asked to sign a consent form to say that you are happy to participate in “I’m a little bit OCD”: the effect of film and TV portrayals of obsessive-compulsive disorder (OCD) on the self-esteem of people living with the disorder. However, you can still withdraw from the research if you have a change of mind. You can do this at any time and do not have to give a reason. You can also withdraw your data after the study up to two weeks after the interviews have taken place.

7. Will my taking part in this study be kept confidential?

Your participation in the research project will be kept strictly confidential. You will not be identified in any reports when we write up the findings of the research. We will give you a pseudonym (a fake name), or you can choose your own, should you wish to do so.

Your data (your interview) will only be shared with the named researchers above. At no point can you be identified through any sharing of the research.

8. What will happen to the results of the research study and my data?

The results will be used to write an MSc dissertation for the University of Glasgow. The researcher also hopes that the findings will have an impact in the long-term for people with OCD and the organisations who support them. To this end, findings (results) will be shared with the charities OCD action and OCD UK. We will use secure data storage at all times.

Recordings of interviews will be made only for transcription purposes and will be deleted after the research is complete.

9. Who can I contact if I want more information?

If you wish further information about the study and/or a summary of the anonymised results, please contact researcher Alison Pinkney at 2839011P@student.gla.ac.uk or her supervisor Dr Zayba Ghazali-Mohammed: Zayba.ghazali-Mohammed@glasgow.ac.uk.

Privacy Notice for:

“I’m a little bit OCD”: the effect of film and TV portrayals of obsessive-compulsive disorder (OCD) on the self-esteem of people living with the disorder.

The **University of Glasgow** will be what’s known as the ‘*Data Controller*’ of your personal data processed in relation to this research study titled “*I’m a little bit OCD*”: *the effect of film and TV portrayals of obsessive-compulsive disorder (OCD) on the self-esteem of people living with the disorder*. This privacy notice will explain how The University of Glasgow will process your personal data.

Why we need it

We are collecting your basic personal data such as your name and age for the purposes of basic research and to descriptions based on broad categories, but not to identify you in any way. We will only collect the minimum amount of data required for these purposes to minimise all risk to you being identified.

Legal basis for processing your data

In the context of research, the lawful basis upon which we will process your personal data is usually where “Processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the controller” (Article 6 of UK GDPR). We will also process personal data as permitted by Article 9, of the UK GDPR which permits processing necessary for archiving purposes in the public interest, scientific or historical research purposes or statistical purposes which shall be proportionate to the aim pursued, respect the essence of the right to data protection and provide for suitable and specific measures to safeguard the fundamental rights and the interests of the data subject. Where we need to rely on a different legal condition, such as consent, we will inform you of this in the Participant Information provided to you.

What we do with it and who we share it with

All the personal data you submit within this project is processed by staff and/or research students at the University of Glasgow in the United Kingdom. Data will not be sent outside the UK for any purposes at any time. Throughout the project and during the archiving period all data will be stored on password protected University servers.

How long do we keep it for

Your anonymised data will be retained by the University for archiving purposes indefinitely. After this time, data will be securely deleted.

What are your [rights](#)?*

Under the UK GDPR you have the following rights:

- to obtain access to, and copies of, the personal data that we hold about you;
- to require that we cease processing your personal data if the processing is causing you damage or distress;
- to require us to correct the personal data we hold about you if it is incorrect;
- to require us to erase your personal data;
- to require us to restrict our data processing activities;
- to receive from us the personal data we hold about you which you have provided to us, in a reasonable format specified by you, including for the purpose of you transmitting that personal data to another data controller;
- to object, on grounds relating to your particular situation, to any of our particular processing activities where you feel this has a disproportionate impact on your rights.

Your rights to access, change (rectify), or remove your information (erasure) may be limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we may not always be able to remove the information that we have already obtained. We must comply with a request to erase personal data, or to rectify personal data that is inaccurate unless there are grounds for refusing the request specified in the UK GDPR. To safeguard your rights, we will use the minimum personally identifiable information possible.

The Participant Information Sheet given to you will detail up to what point in the study data can be withdrawn as it may be anonymised after a certain point and thus no longer distinguishable as yours.

If you wish to exercise any of these rights, please submit your request via the [webform](#) or contact dp@glg.ac.uk.

*Please note that the ability to exercise these rights will vary and depend on the legal basis on which the processing is being carried out.

If participants wish to have their data removed after the interview please contact Alison Pinkney by email: 2839011P@student.gla.ac.uk

Complaints

If you wish to raise a complaint on how we have handled your personal data, you can contact the University Data Protection Officer who will investigate the matter.

Our Data Protection Officer can be contacted at dataprotectionofficer@glasgow.ac.uk

If you are not satisfied with our response or believe we are not processing your personal data in accordance with the law, you can complain to the Information Commissioner's Office (ICO) <https://ico.org.uk/>