



The  
University  
Of  
Sheffield.

## Participant Information Sheet for Children and Young People

To be shown and read by a parent/guardian if needed

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You are being asked to take part in a research project. Before you decide whether to take part, it is important you know why the research is being done, and what it will involve.

Please read this information carefully and talk about it with your parents or guardian if you wish. Ask us (or ask your parent/guardian to ask us) if anything is unclear or if you would like to know more. Take your time to decide if you want to take part or not. Thank you for reading this!

### What is research?

Research is how we can try to find answers to questions or problems.



## **Why is this project being done?**

We want to find out what children and young people with OCD (like you!) would like school staff to know about OCD. We hope that this will lead to the making of a resource which will help school staff learn more about OCD in the future. We hope that by telling us what you would like school staff to know about OCD, it will make the resource better for staff to understand it and to support other young people like you at school in the future.



## **Research Project title**

Creating a resource for school staff to learn more about OCD in children and young people.

## **Why have I been asked to take part?**

We believe it is important to speak to young people with OCD because they know so much about what it is like to have OCD - this is super important when we make information for teachers.

You have been chosen because you are aged 7-12 years old, and have OCD. Libby Colbert is in contact with your parents/guardian, so she spoke to them and asked if you would like to speak to her about your OCD, and what you would like school staff to know about it. You were chosen as your parent/guardian and you agreed to take part. We will be asking around 8

children and young people to take part in their own session, so you won't see other children on the day.

### Who is Libby?

Libby is the person who is leading the research. She will be the one speaking with you, if you decide to take part. Here is a photo of Libby so you know what she looks like.



Libby is very interested in OCD, as she also had it when she was younger! Libby also supports other young people with OCD and parents of children with OCD.

### Do I have to take part?

No, not if you don't want to! You can choose whether you want to take part.

Please read this information sheet carefully. If you agree to take part, we would then like you to write your name on two forms. We will also ask your parents or guardian to write their name on the forms. Your parents will then either give one back to us, or write your names on a form on the computer that will be sent to Libby.



You can change your mind later on too, even if we have started the research! No one will be cross with you if you

do not want to take part. You can tell your mum, dad, guardian or Libby if you want to stop at any time.

### **What will happen to me if I take part in the research?**

If you agree to take part, you will be taking part in an online interview. This is a conversation between you, your parent or guardian, and Libby, and will happen online (through Google Meet, which is a bit like Zoom or Teams). Libby has included a timeline along with this information, so you can see what will happen on the day of the interview.



During this conversation, Libby will ask questions about your OCD, how your OCD is at school, and what you would like teachers or support staff to know about your OCD.

Before the interview, Libby will send your parent or guardian a list of possible questions and topics, so you know what you will be talking about.

You do not have to answer any questions that you are not comfortable with or do not want to answer - if this happens, we will just move on to the next question!

There are no wrong answers - we just want to know what you think.

Libby might write some notes when you speak to help her remember what you have said.

### **What if I need to do my compulsions during the research?**

That is okay. If you need to take a break to do this, you can tell Libby or your parent/guardian, or hold up the 'break' card that Libby sent out to you. You can tell us in any way you like - you could write it down, or even draw something! If you don't want to tell us, that is okay too.



### **How long does this take?**

The interview will take no more than 1 hour. You can ask your parent/guardian or Libby for a break or to stop at any time.

### **How often will I have to do this?**

There will only be one interview for you to go to!

### **Will I be recorded or filmed?**

If you are happy with it, you will be recorded so Libby can listen back to what you say. Only Libby and the research team (Lauren, Anna and Jilly) will be able to listen to this. You will not be filmed, so you can choose whether to have your camera on or off!



### **Will anything about the research upset me?**

We do not think anything will upset you, no. But if it does, remember, you can stop or have a break at any time.

### **Will joining in help me?**

We cannot promise the study will help you, but the information you give might help teachers and other school staff understand OCD better so they can support young people like you in the future.

### **What happens to me when the research stops?**

Nothing! You carry on as normal.

### **Did anyone check if the study was OK to do?**

Before any research is allowed to happen, it is checked by a group of people called a 'Research Ethics Committee'. **Ethics** make sure the research is fair. This project has been checked by the School of Education's ethics team at the University of Sheffield.

### **What if something goes wrong during the project?**

Please tell your parents or guardian. They will be able to talk to someone who can tell them what they need to do about it.

### **Will anyone else know I am taking part?**

The people in our research team will know you are taking part. Your parents/guardian will know you are taking part. No one else will know



you are taking part, because we will not write your name on anything other people will see. If anything you say is written about, you will be given a pretend name so no one will know it is you. No one will know you were in the study unless you choose to tell them.

### **What if I don't want to do the research anymore?**

If you don't want to take part in the research anymore, you can stop asking questions whenever you want. You can also tell your parent/guardian or Libby at any point if you would like to stop. No one will be cross with you if you decide to stop.

### **What happens to the answers I give?**

After we have finished the interview, your answers will be stored in a very safe and secure place. Only the people doing the research study can look and listen to your answers. We will use your answers to help give information to teachers in the future about OCD.

If you want it, a short version of the results of the project will be sent to you and your parent/guardian at the end of the study. Here you will be able to see what other children said and see how much you have helped us with our work!

### **How can I find out more about the project?**

Your parent/guardian may be able to answer your questions. You can also ask them to get in touch with Libby, to ask anything else you would like to know.

**Thank you for reading this - you can keep this information and re-read if you want to.**

**Please ask any questions that you may have!**

