

We are writing invite you to take part in EN-CAMHS 2, a research project funded by the National Institute for Health Research (NIHR) that aims to make it easier for children and young people to get the mental health support they need, when they need it¹. This project builds on our previous work in EN-CAMHS 1, where we learned from children, young people, their families, and professionals about how to make the referral process for Child and Adolescent Mental Health Services (CAMHS) better.

We are hosting a series of focus groups with key stakeholders to understand how we can make referrals to CAMHS more successful. We want to hear from you about your experiences with CAMHS referrals, both good and bad, so that we can develop a digital tool that makes the process smoother and more efficient for everyone.

We are keen to have representation from 4 stakeholder groups of people who:

- Are aged 16-30 and have been referred to CAMHS, regardless of whether they were accepted into the service, in the last 5 years (not currently under CAMHS)
- Are parents/carers of children and young people who have been referred to CAMHS
- Work in CAMHS
- Refer children and young people to CAMHS

For yourself, we are **looking for those aged 16-30 and have been referred to CAMHS, regardless of whether they were accepted into the service, in the last 5 years (not currently under CAMHS)**

Focus groups will be held online and last approximately 1 hours.

During the focus groups, we will be using the MoSCoW method to prioritize the features that are most important for the digital referral tool prototype developed. MoSCoW stands for Must Have, Should Have, Could Have, and Won't Have. This method will help us make sure that the tool we develop meets the needs of everyone who uses it. We will only be discussing the tool, and not the reasons as to why you were referred to CAMHS or your experience with mental health.

Focus groups dates are as follows:

- 6th November
- 7th November
- 20th November
- 22nd November
- 9th December
- 10th December

To learn more about EN-CAMHS 2 or to sign up for a focus group, contact us at GM.Digital@gmmh.nhs.uk