# **CAN YOU HELP US?**

We are looking for research participants to help us better understand fear of losing control and anxiety.



Ethics Approval Reference: R87791/RE001

## WHO CAN TAKE PART?

We are looking for volunteers with either

- Obsessive compulsive disorder (OCD)
- Panic disorder
- No current mental health difficulties

#### **SCAN HERE**



FOR MORE INFO

### RESEARCH TEAM



Joel Lewin Trainee Clinical Psychologist



Professor Paul Salkovskis Principal Investigator

## WHAT DOES IT INVOLVE?

Participating in the research will involve a 15-minute telephone discussion and completion of online questionnaires (or paper questionnaires sent by post if you prefer) taking approximately 20-40 minutes.



You can find more information about the study on our webpage www.bit.ly/losingcontrolinfo

or by emailing Joel Lewin at joel.lewin@hmc.ox.ac.uk