



HAVE YOUR SAY IN OCD RESEARCH

JOIN OUR ADVISORY GROUP

What are we doing?

Excessive reassurance seeking (ERS) is a common maintaining behaviour in obsessive-compulsive disorder (OCD), which can cause high levels of distress for both those seeking and providing it. At present, however, treatments for ERS are often not rated as very acceptable. We are passionate about better understanding ERS and developing more acceptable treatments for this. We hope this research will help make a difference to the support and care of people with OCD.

Why are we asking for your input?

We would like people living with OCD, and those supporting them, to help us shape the research we conduct, for example, the questions we might want to ask and the way we ask these. This will help to make sure that our research and practice is respectful, supportive and relevant.

If you join our advisory group, you can expect to:

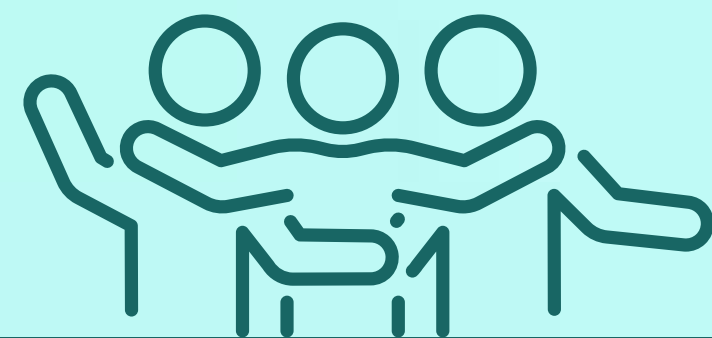
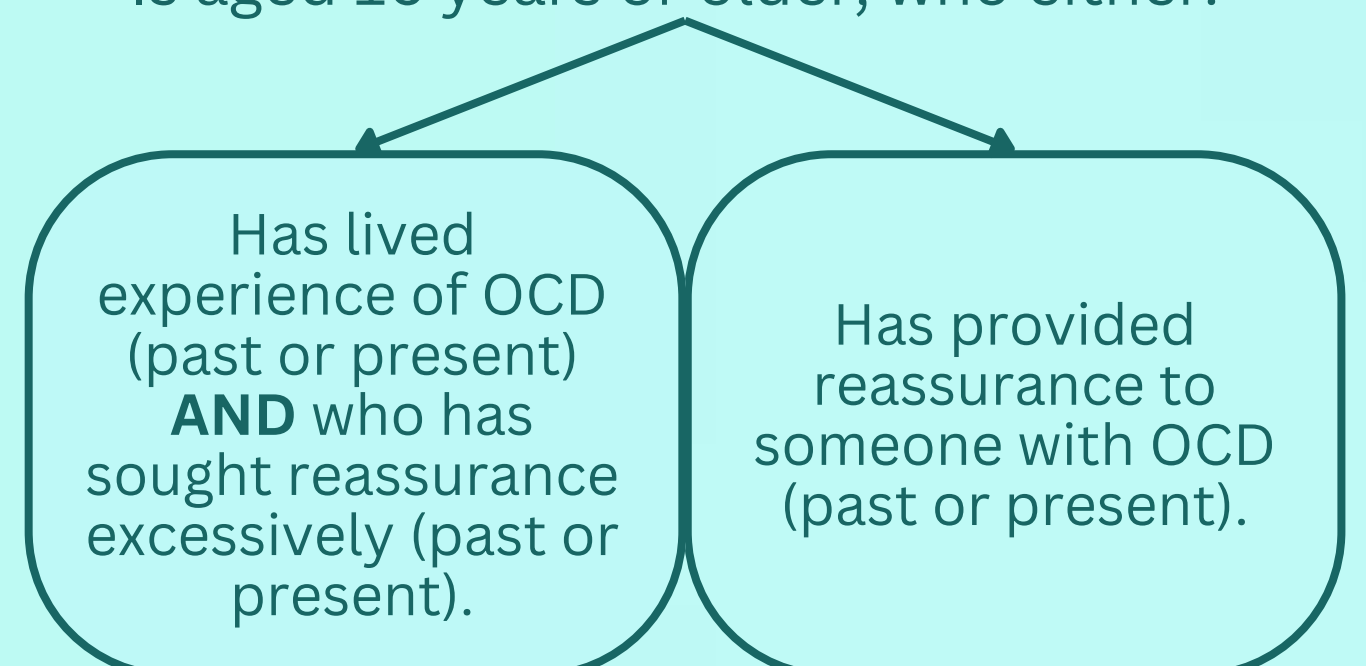
- Attend occasional meetings online.
- Give your opinion on different aspects of the research.
- Be paid for your time – for attending the meetings and for looking over any documents in between meetings.

If you are interested, please **scan the QR code** or **click on the link on the right**, answer a few short questions, and tell us a little bit about yourself, including a short summary (a few sentences) telling us why you are interested in joining the advisory group. Please include any information of prior experience in OCD research and/or practice. It's ok if you have none – we are interested in hearing from everyone. Please respond by **Monday 8th July**.

Are you interested?

We are keen to hear from everyone who:

- Is living in the UK and able to speak English.
- Is aged 16 years or older, who either:



[Click here to complete questionnaire](#)