

CAN YOU HELP US?

Study title: Understanding the impact of life experiences across mental health difficulties, OCD, PTSD and anxiety.



We are looking for participants, aged 18 years old and over, who identify as having no mental health difficulties, or PTSD, OCD or anxiety.

Participating in this research will involve a short phonecall to confirm that this study is right for you, followed by filling in a series of online questionnaires.

The whole process will take about 45 minutes of your time



How can I find out more information?

If you are interested and would like more information, please contact Torileigh Matthews & Amy Lunn, Trainee Clinical Psychologists, at the Oxford Centre for Clinical Psychology Training and Research, by emailing stressresearch@oxfordhealth.nhs.uk or by scanning the QR code above. There is no obligation to take part.

RESEARCH TEAM



Professor Paul Salkovskis
Principal Investigator



Amy Lunn
Trainee Clinical Psychologist



Torileigh Matthews
Trainee Clinical Psychologist