

HEALTH, SCIENCE, ENGINEERING AND TECHNOLOGY ECDA
ETHICS APPROVAL NOTIFICATION

TO Shaunak Sanjay Deshpande
CC Prof Keith Sullivan
Prof Naomi Fineberg
FROM Dr Rebecca Knight
DATE 22/02/2024

Protocol number: **cLMS/PGR/UH/05541**

Title of study: Does inflexible thinking determine adherence to mental health therapies?

Your application for ethics approval has been accepted and approved with the following conditions by the ECDA for your School and includes work undertaken for this study by the named additional workers below:

Prof Keith Sullivan
Prof Naomi Fineberg
Dr Luca Pellegrini
Prof Keith Laws
Aaron Clarke
Margherita Zenoni

Conditions of approval specific to your study:

Ethics approval has been granted subject to the following conditions being seen and approved by the supervisor as addressed prior to recruitment and data collection:

- All instances be changed to the "University of Hertfordshire"
- "Non-confirming" changed to "non-conforming"
- Contact details of the Secretary and Registrar added to PIS in case of a complaint
- A reminder that this ethics approval only covers data collection from non-clinical samples. The applicant will require further NHS REC approval for the data collection of clinical populations.

General conditions of approval:

Ethics approval has been granted subject to the standard conditions below:

Permissions: Any necessary permissions for the use of premises/location and accessing participants for your study must be obtained in writing prior to any data collection

commencing. Failure to obtain adequate permissions may be considered a breach of this protocol.

External communications: Ensure you quote the UH protocol number and the name of the approving Committee on all paperwork, including recruitment advertisements/online requests, for this study.

Invasive procedures: If your research involves invasive procedures you are required to complete and submit an EC7 Protocol Monitoring Form, and copies of your completed consent paperwork to this ECDA once your study is complete.

Submission: Students must include this Approval Notification with their submission.

Validity:

This approval is valid:

From: 22/02/2024

To: 31/12/2024

Please note:

Failure to comply with the conditions of approval will be considered a breach of protocol and may result in disciplinary action which could include academic penalties.

Additional documentation requested as a condition of this approval protocol may be submitted via your supervisor to the Ethics Clerks as it becomes available. All documentation relating to this study, including the information/documents noted in the conditions above, must be available for your supervisor at the time of submitting your work so that they are able to confirm that you have complied with this protocol.

Should you amend any aspect of your research or wish to apply for an extension to your study you will need your supervisor's approval (if you are a student) and must complete and submit form EC2.

Approval applies specifically to the research study/methodology and timings as detailed in your Form EC1A. In cases where the amendments to the original study are deemed to be substantial, a new Form EC1A may need to be completed prior to the study being undertaken.

Failure to report adverse circumstance/s may be considered misconduct.

Should adverse circumstances arise during this study such as physical reaction/harm, mental/emotional harm, intrusion of privacy or breach of confidentiality this must be reported to the approving Committee immediately.