

Uncertainty, Attachment, and Interpersonal Relationship: Project summary

This study seeks to gain a better understanding of the developmental/causal, and maintenance, mechanisms in OCD. It will add to a growing body of literature investigating the role of adult attachment style and intolerance of uncertainty in anxiety symptomatology. The findings may shed further light on potential key targets for treatment (e.g., attachment difficulties and intolerance of uncertainty), which may have implications for how OCD is treated in clinical settings.

Participation involves completing an anonymous online survey which takes approximately 30 minutes to complete. The survey is made up of a series of questionnaires which ask participants about their experience of different types of everyday checking behaviours, reassurance seeking, common anxieties and worry, and attitudes and expectations in romantic relationships. There is no obligation to answer any question and participants are not asked to elaborate on specific experiences. To be eligible, participants must be over 18 and comfortable with written English.