People looking online for help with having too much stuff

My name is Sarah and I am a student enrolled on the MSc in Psychology at the University of Derby, UK. I would like to find out how people experience online help with their stuff.

I am interested in this because I had family members who struggled with collecting a lot of stuff and were not able to access support for this.

If you

- read or post to online support forums looking for help with your stuff
- don't mind sharing your experience with me
- are over 18 and not currently receiving clinical support in this area or have received this in the past 6 months

please consider getting involved. Find out more:

If you get involved, you would take part in a short interview (60-75 minutes using Microsoft Teams) to discuss your experiences. We would arrange this at a time convenient to you. Being



involved in the research is completely anonymous and at your choice. This project has received ethical approval from the University of Derby. For more information you can contact my supervisor Dr Carrie Childs +44 (0)1332 524286 c.childs@derby.ac.uk

Thank you.

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