

HEALTH, SCIENCE, ENGINEERING AND TECHNOLOGY ECDA

**ETHICS APPROVAL NOTIFICATION**

**TO** Sonay-Gul Kucukterzi  
**CC** Dr Amanda Ludlow  
**FROM** Dr Rebecca Knight, Health, Science, Engineering and Technology  
ECDA Vice-Chair  
**DATE** 16/01/2024

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Protocol number: **aLMS/PGR/UH/05462(2)**

Title of study: Exploring eating behaviours in adults with obsessive-compulsive disorder

Your application to modify and extend the existing protocol as detailed below has been accepted and approved by the ECDA for your School and includes work undertaken for this study by the named additional workers below:

**Dr Roberto Gutierrez 749132**  
**Professor Naomi Fineberg**  
**Professor Tim Gale**

**Modification:**

Change to how participants access the study and other modifications as detailed in the approved EC2 application.

**General conditions of approval:**

Ethics approval has been granted subject to the standard conditions below:

**Original protocol:** Any conditions relating to the original protocol approval remain and must be complied with.

**Permissions:** Any necessary permissions for the use of premises/location and accessing participants for your study must be obtained in writing prior to any data collection commencing. Failure to obtain adequate permissions may be considered a breach of this protocol.

**External communications:** Ensure you quote the UH protocol number and the name of the approving Committee on all paperwork, including recruitment advertisements/online requests, for this study.

**Invasive procedures:** If your research involves invasive procedures you are required to complete and submit an EC7 Protocol Monitoring Form, and copies of your completed consent paperwork to this ECDA once your study is complete.

**Submission:** Students must include this Approval Notification with their submission.

**Validity:**

This approval is valid:

From: 16/01/2024

To: 01/07/2024

**Please note:**

**Failure to comply with the conditions of approval will be considered a breach of protocol and may result in disciplinary action which could include academic penalties.**

Additional documentation requested as a condition of this approval protocol may be submitted via your supervisor to the Ethics Clerks as it becomes available. All documentation relating to this study, including the information/documents noted in the conditions above, must be available for your supervisor at the time of submitting your work so that they are able to confirm that you have complied with this protocol.

**Should you amend any aspect of your research or wish to apply for an extension to your study you will need your supervisor's approval (if you are a student) and must complete and submit a further EC2 request.**

Approval applies specifically to the research study/methodology and timings as detailed in your Form EC1A or as detailed in the EC2 request. In cases where the amendments to the original study are deemed to be substantial, a new Form EC1A may need to be completed prior to the study being undertaken.

**Failure to report adverse circumstance/s may be considered misconduct.**

Should adverse circumstances arise during this study such as physical reaction/harm, mental/emotional harm, intrusion of privacy or breach of confidentiality this must be reported to the approving Committee immediately.