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## **Holding on to Support**

Ethics Approval Reference: R86617/RE001

Do you offer support to someone with OCD or hoarding difficulties?

Can you support this research study?



We are looking for volunteers, aged 30+ years old, to answer a survey about offering support to individuals with Obsessive Compulsive Disorder (OCD) and/or hoarding difficulties.

The person being offered support does not need to have a formal diagnosis of OCD and/or hoarding difficulties. The person may be accepting the support you are offering or not.

To take part, you must know the person with OCD and/or hoarding difficulties well, e.g., a family member or friend you have known for a number of years. The person must also be aged 30+ years old. You and the person being offered support must live in the UK.

Learning more about offering support to these individuals will help mental health services to plan more effective treatments and consider how best to involve those who support them.

You are invited to participate in an online study. The questions will take about 30 minutes of your time.

If you are interested and would like more information, please contact James Dennis at the Oxford Institute of Clinical Psychology Training and Research by email: <a href="mailto:james.dennis@stx.ac.ox.uk">james.dennis@stx.ac.ox.uk</a>. There is no obligation to take part.

To take part, click the link in the caption: (https://oxicptr.web.ox.ac.uk/help-our-research)

## Thank you!