Oxford Institute of Clinical Psychology Training and Research

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Holding on to Support

CUREC Approval Reference: R86617/RE001

General Information

Hoarding difficulties and Obsessive Compulsive Disorder (OCD) affect many people and can cause upset and danger for the person. Research suggests that people with these problems are also at risk of becoming disconnected from their friends and family.

This study will survey people who offer support to people with hoarding difficulties and OCD. The questions will ask about the help and support they give, or try to give. This will help us to understand any differences in how people with hoarding difficulties and OCD are offered support. Knowing this will help plan more effective treatments and how best to involve those who support them.

We appreciate your interest in participating in this questionnaire. You have been invited to participate as you are 30 years of age or above and you offer support to somebody with hoarding difficulties and/or OCD that you have a personal connection to (e.g., a family member or friend you have known for a number of years?). The person with hoarding difficulties and/or OCD should also be 30 years of age or above.

Please read through this information before agreeing to participate (if you wish to) by ticking the 'yes' box below.

You may ask any questions before deciding to take part by contacting the researcher (details below).

The Primary Researcher is James Dennis (Trainee Clinical Psychologist, The Oxford Institute of Clinical Psychology Training and Research). This project is being completed under the supervision of Prof Paul Salkovskis (Professor of Clinical Psychology, Department of Experimental Psychology), and Dr Kate Rosen (Consultant Clinical Psychologist, Oxford Cognitive Therapy Centre and OHSPIC).

You will be asked to respond to a number of questions, most of which have multiple options. It is important that you try to answer all of the questions. This should take about 30 minutes. No specialist background knowledge is required.

Do I have to take part?

No. Please note that participation is voluntary. If you do decide to take part, you may withdraw at any point for any reason before submitting your answers by pressing the 'Exit' button/ closing the browser.

How will my data be used?

We will not collect any data that could directly identify you. Your IP address will not be stored.

The responses you provide will be stored in a password-protected electronic file on University of Oxford secure servers and may be used in academic publications, conference presentations, reports for external organisations, websites, videos. Research data will be stored for three years after publication or public release of the work of the research.

The results will be written up for a DClin Psych degree.

Who has reviewed this study?

This project has been reviewed by, and received ethics clearance through, a subcommittee of the University of Oxford Central University Research Ethics Committee [R86617/RE001].

Who do I contact if I have a concern or I wish to complain?

If you have a concern about any aspect of this study, please speak to James Dennis (james.dennis@stx.ox.ac.uk) or their supervisor Paul Salkovskis, and we will do our best to answer your query. We will acknowledge your concern within 10 working days and give you an indication of how it will be dealt with. If you remain unhappy or wish to make a formal complaint, please contact the Chair of the Research Ethics Committee at the University of Oxford who will seek to resolve the matter as soon as possible:

Medical Sciences Interdivisional Research Ethics Committee; Email: ethics@medsci.ox.ac.uk; Address: Research Services, University of Oxford, Boundary Brook House, Churchill Drive, Headington, Oxford OX3 7GB

Please note that you may only participate in this survey if:

- > You are 30 years of age or over.
- > You live in the UK.
- You offer support to somebody with hoarding difficulties and/or OCD that you have a personal connection to, e.g., a family member or friend you have known for a number of years
- ➤ The person you offer support to is 30 years of age or over.
- The person you offer support to lives in the UK.
- You agree: to take part in this study; to your responses being included in a dataset that shall be analysed and written up as part of a doctoral thesis; and academic journal publication.

If you have read the information above and agree to participate with the understanding that the data (including any personal data) you submit will be processed accordingly, please click the link below to start.

https://psychiatryoxford.qualtrics.com/jfe/form/SV_6LvLsSnGpgkEGyy