

Nicole Bebbington
Deanna Fallah
Psychology
Faculty of Health & Medical Sciences

14 September 2023

Dear Nicole and Deanna

EGA ref: FHMS 22-23 236 EGA

Project Title: Relational Accommodation in Body Dysmorphic Disorder

On behalf of the University Ethics Committee (UEC), I am pleased to confirm a 'Favourable Ethical Opinion' (FEO) for the above research on the basis of the submitted protocol and final supporting documentation listed in the table below.

Date of confirmation of ethical opinion: **13th September 2023**

This opinion is given on the understanding that you will comply with the relevant University policies, ethical and professional standards and any applicable regulatory requirements, and have completed all mandatory training provided by the University of Surrey.

Please follow guidelines below and note that all research activity must comply with current University guidance regarding the Covid19 pandemic:

<https://www.surrey.ac.uk/coronavirus/researchers/research-university-ethics-committee-approval>

If you wish to make any changes to the Protocol for this project, now or later, other than those permitted in the guidance provided in the above link, you must submit a Notification of Amendment form before any changes can be implemented. Please refer to the Guidance on Amendments which can be found on the Research Integrity and Governance Office webpages. Please note that the governance approval of this project is only valid until the study end date provided on your final EGA form listed below.

Please be aware that the Committee must be notified if the following incidents and events occur:

- Protocol deviation e.g. changes in recruitment methods, consent method, poster advertisements, study design or study materials such as questionnaires;
- Study extension for recruiting participants and/or data collection;
- Serious adverse events (SAEs) (e.g. life-threatening such as self-harm) or adverse events (AE) (e.g. an unexpected reaction such as skin irritation) that may potentially impact the research participants or your data integrity. This should include any unexpected event not related to the



study, events related to the study and death of a participant related or unrelated to the study and;

- The study is terminated earlier than expected with reasons.

You should do this by contacting ethics@surrey.ac.uk. Please be advised that the Ethics Committee and/or RIGO audit research projects to ensure that researchers are abiding by the University requirements and guidelines.

This 'Favourable Ethical Opinion' is valid only for the duration of the project. The study end date will be the date of the last visit of the participant or the completion of any data collection as stated on the EGA form listed below.

If you have any query regarding your project, please contact RIGO at ethics@surrey.ac.uk

The final list of documents reviewed by the Committee is as follows:

Document	Version	Date
SAGE (Study 1) – Deanna Fallah 1046015-1045997-113149742	-	17/07/2023
SAGE (Study 2) – Nicole Bebbington 1046015-1045997-113156142	-	17/07/2023
Study 1 EGA form – Deanna Fallah	v.2	30/08/2023
Study 1 Study Protocol – Deanna Fallah	v.2	30/08/2023
Study 2 EGA form – Nicole Bebbington	v.2	30/08/2023
Study 2 Study Protocol – Nicole Bebbington	v.2	25/08/2023
Appendix A Recruitment poster	v.2	25/08/2023
Appendix B Participant Information Sheet	v.2	25/08/2023
Appendix C Screening Questions	v.1	17/07/2023
Appendix D Consent form	v.2	25/08/2023
Appendix E Baseline Demographics	v.0.1	14/07/2023
Appendix F Participant Debrief Sheet	v.0.1	14/07/2023
Appendix G Study 2 Interview schedule	v.1	28/07/2023
Appendix H Study 1 Interview Schedule	v.0.1	17/07/2023
Appendix I THE FAMILY ACCOMMODATION SCALE FOR BODY DYSMORPHIC DISORDER	-	-
Appendix J BDD Foundation Provisional approval	v.1	30/08/2023
Appendix K OCD Action provisional autorisation	v.1	20/08/2023
Study 1 and study 2 document list	v.2	30/08/2023
Response to queries 1 letter	-	4/09/2023



Yours sincerely,

Bernadette Egan

Dr Bernadette Egan
Deputy Chair of the University Ethics Committee
RIGO: AMA

Copy to: Dr Hannah Frith, Dr Lucy Hale

