

Are you living with someone with Body Dysmorphic Disorder or appearance anxiety?



Great, we are recruiting!

We are Trainee Clinical Psychologists at the University of Surrey. We would like to hear more about your experience and how you respond to your loved ones distress



Deanna's Study

In this study we will ask you questions about what life is like living with a loved one with BDD or appearance anxiety and the impact this has on your daily life.

Nicole's Study

In this study we will ask you to complete and give your opinion on a questionnaire that measures how you might change your behaviour to reduce your loved ones appearance related distress.

Benefits of taking part:

Each study will last up to 90 minutes. Taking part in either one or both of the studies will help us to understand what it is like to support someone with BDD or appearance anxiety and help improve treatment.

You will receive a £20 shopping voucher for each completed study.

Am I eligible?

Are you 18 years or over?
Do you live with live with someone that struggles with BDD/appearance anxiety?

Contact us!

Contact either of us to express your interest:
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