

We need participants with “unacceptable” or “taboo” OCD intrusive thoughts for a research study exploring lived experiences across adolescence and young adulthood.

- *Are you a young adult (aged 19 to 23 years) who experiences intrusive and unwanted thoughts around themes of aggression and violence, scrupulosity (moral or religious), or of a sexual nature?*
- *Did these “unacceptable/taboo” intrusive thoughts begin between the ages of 14 to 17?*

If **yes**, we are interested in understanding your experiences living with unacceptable/taboo thoughts during adolescence and young adulthood, and your personal experiences seeking treatment for these concerns.

Given how common OCD is among young people, it's important for us to learn more about these experiences. We aim to explore how these experiences fit into a person's overall life journey, particularly during the developmental years. By gathering this information, we hope to enhance and personalise the therapeutic treatments for OCD, making the support provided even more effective and tailored to individual needs.

If eligible to participate in this study, you will be reimbursed via a voucher for your time.

Who should **not** participate in this study?

While we strive for inclusivity in participant recruitment, there are certain eligibility criteria in place to minimise potential risks and ensure voluntary participation. You will not be eligible to participate in this study if you meet any of the following:

- You have a history of self-harm, suicidal ideation, or suicide attempts.
- You have been diagnosed with another psychological disorder, with the exception of depression.
- You possess a cognitive impairment or disability that might hinder your full understanding of the study's purpose, tasks, and your role, including comprehending the terms of informed consent and your right to withdraw it at any point.
- You are a non-English speaker.

If you would like more information or are interested in participating in the study, please send an expression of interest to Lauren Moody-Stone at lauren.moodystone@myacu.edu.au.

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