

## OCD Action Participants Request

**Date of Request:**

16/11/23

**Requested by:**

David Gudjonsson  
PhD candidate  
Autism Research Centre (ARC)  
University of Cambridge

**Principal Investigators:**

Prof Simon Baron-Cohen  
Dr Carrie Allison  
ARC  
University of Cambridge

**Please provide a brief description of your project (no more than 100 words):**

The study aims to explore the relationship between systemising skills, autism and Obsessive-Compulsive Disorder (OCD). Systemising is the drive to analyse or build systems based on if-and-then rules. Previous research has found that autistic people on average have an increased drive to systemize, which could help to explain some autistic traits. This study will evaluate a performance task of systemising, examine the differences in systemising between autistic and non-autistic individuals, and investigate the relationship between systemising and symmetry obsessions in people with OCD. The study aims to provide valuable insights into the commonalities and overlaps between autism and OCD.

**Ethics Reference:**

PRE.2023.069

**Please indicate any potential ethical issues arising from the study (as indicated in your ethics application):**

This study does not raise any ethical issues. Participants may experience frustration at not being able to find the correct answer on some of the items. To mitigate this, each item has a multiple choice response option, which means that some individuals will get some items correct by chance and therefore may help to keep them motivated.

The study is anonymous and no personally identifiable information is collected (such as IP address or location metadata), therefore there are no risks with personal data.

**Are you looking for Participants with OCD, control Participants or both?**

Both

**In each group, what is your target number (N) of Participants?**

500 females and 500 males with autism  
500 females and 500 males with OCD  
500 females and 500 males without autism and OCD

**What is your upper and lower age limits for inclusion into the study? E.g. 18-45**

16 and older

**Are you looking for males, females or both?**

Both

**From what countries are you recruiting participants from?**

UK or Internationally

**When are you hoping to start recruiting participants?**

Immediately

**Submission Checklist:**

- Approval letter from the relevant Ethics Committee (pdf)
- Participant Information Sheet (pdf)
- Link to study: [https://cambridge.eu.qualtrics.com/jfe/form/SV\\_bP1FYdy7Ly8Vqpo](https://cambridge.eu.qualtrics.com/jfe/form/SV_bP1FYdy7Ly8Vqpo)