BELIEFS ABOUT Possessions

School of Psychology Ysgol Seicoleg



We hope to further our understanding of difficulties associated with hoarding by evaluating a new questionnaire which assesses people's beliefs about their possessions. To be able to do this, we are inviting those who experience difficulties associated with hoarding or obsessive-compulsive disorder, and those who do not identify with these difficulties or any other mental health concerns, to participate in this study.



Taking part will involve answering questionnaires online for approximately 30 minutes



We will ask you if you are happy to be contacted again in two weeks time to complete another, shorter survey

(approximately 10 minutes) - this is entirely voluntary

After each survey, you will have the chance to enter a prize draw



- there is a chance to to win one of eight £25 vouchers

(or equivalent international currency)



If you have any questions, or are interested in taking part, please email:

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Alisha Smith (Trainee Clinical Psychologist; Lead Researcher) Dr James Gregory (Clinical Psychologist, Research Supervisor) Ethical approval provided by SREC, Cardiff University, approval number EC.23.02.07.6726R