

**East of England - Cambridge South Research Ethics Committee**

Equinox House  
City Link  
Nottingham  
NG2 4LA

Tel: 02071048227  
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**Please note: This is the favourable opinion of the REC only and does not allow the amendment to be implemented at NHS sites in England until the outcome of the HRA assessment has been confirmed.**

17 April 2023

Professor Amy Milton  
University Professor in Behavioural Neuroscience  
University of Cambridge  
Department of Psychology  
Downing St  
Cambridge  
CB2 3EB

Dear Professor Milton

|                          |   |
|--------------------------|---|
| <b>Study title:</b>      | <b>How habits become compulsions? Exploring the neural basis of habit perseveration in Obsessive-Compulsive Disorder.</b> |
| <b>REC reference:</b>    | <b>16/EE/0465</b>   |
| <b>Protocol number:</b>  | <b>n/a</b>  |
| <b>Amendment number:</b> | <b>Amendment 9</b>  |
| <b>Amendment date:</b>   | <b>24 March 2023</b>  |
| <b>IRAS project ID:</b>  | <b>208351</b>   |

The above amendment was reviewed by the Sub-Committee in correspondence.

**Ethical opinion**

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

## Approved documents

The documents reviewed and approved at the meeting were:

| <i>Document</i>  | <i>Version</i> | <i>Date</i>      |
|--|----------------|------------------|
| Completed Amendment Tool [208351_Amendment 9_]                                   | 9              | 24 March 2023    |
| Covering letter on headed paper [CoverLetterAmendment9]                          | 1              | 27 March 2023    |
| Other [2023-03-11 - GCP certificate]   | 1              | 11 March 2023    |
| Other [New CI signed IRAS form]  |                |                  |
| Research protocol or project proposal [Research protocol Ethics OCD amendment 9] | 7              | 24 March 2023    |
| Summary CV for Chief Investigator (CI) [2023-02-24 - Milton CV]                  | 1              | 24 February 2023 |

## Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

## Working with NHS Care Organisations

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

## Amendments related to COVID-19

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

## Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

## HRA Learning

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities— see details at: <https://www.hra.nhs.uk/planning-and-improving-research/learning/>

|                                  |   |
|----------------------------------|---|
| <b>IRAS Project ID - 208351:</b> | <b>Please quote this number on all correspondence</b> |
|----------------------------------|---|

Yours sincerely



PP  
**Mr Paul Smith**  
**Chair**

E-mail: [cambridgesouth.rec@hra.nhs.uk](mailto:cambridgesouth.rec@hra.nhs.uk)

*Enclosures: List of names and professions of members who took part in the review*

*Copy to: Prof Trevor Robbins, University of Cambridge*

**East of England - Cambridge South Research Ethics Committee**

**Attendance at Sub-Committee of the REC meeting held in correspondence.**

**Committee Members:**

| <i>Name</i>           | <i>Profession</i>          | <i>Present</i> | <i>Notes</i> |
|-----------------------|----------------------------|----------------|--------------|
| Ms Marilyn Chong      | Pharmacist                 | Yes            |              |
| Mr Paul Smith (Chair) | Former Tumour Group Leader | Yes            |              |

**Also in attendance:**

| <i>Name</i>      | <i>Position (or reason for attending)</i> |
|------------------|---|
| Ms Tracy Hamrang | Approvals Administrator                   |