

# Can you help?



**We want to hear from autistic adults about experiences of repetitive behaviours and obsessive-compulsive disorder (OCD) symptoms.**

## Are you\*:

- 18 or over,
- diagnosed with an autism spectrum disorder including Aspergers or PDD-NOS,
- experiencing obsessions - persistent, unpleasant intrusions that dominate your thinking or/and compulsions - feeling that you must repeat physical actions or mental acts,
- interested in talking about your experiences?

## Benefits of taking part:

- You may discover more about yourself and your experiences.
- You would contribute to scientific research that could impact treatment for people with similar experiences.
- You'd receive a £20 voucher to thank you for taking part in the interview.

## What would happen if I chose to take part?

- A questionnaire will ask you a bit more about yourself and your experiences. It should take 20-30 minutes. This will help us to understand if the study is suitable for you.
- We will then ask for your contact details and arrange a time for an interview. We will talk about ways to make the interview comfortable for you.
- In the interview, you will be asked some questions about your experiences. This should take roughly 60-90 minutes.



**How do I find out more or sign up?** To read more about the research scan this URL box or enter this web address into a web-browser:  
[https://bathpsychology.eu.qualtrics.com/jfe/form/SV\\_42EpyqGgZenaehM](https://bathpsychology.eu.qualtrics.com/jfe/form/SV_42EpyqGgZenaehM)



\*Further eligibility criteria for this research can be found by following the URL link.

This study has been approved by the University of Bath Psychology Research Ethics Committee.

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