

**From:** ResearchUEL  
**Sent:** 26 May 2022 13:13  
**To:** Max EAMES  
**Subject:** Decision - Ethics ETH2122-0194: Mr Max Eames (High risk)

## ResearchUEL

Dear Max,

**Application ID: ETH2122-0194**

**Project title: Toward acceptance of unwanted intrusive thoughts: Exploring the impact of metacognitive rationales for obsessive-compulsive phenomena on experiential avoidance**

Lead researcher: Mr Max Eames

Your application to Ethics and Integrity Sub-Committee (EISC) was considered on the 26th May 2022.

The decision is: **Approved**

The Committee's response is based on the protocol described in the application form and supporting documentation.

Your project has received ethical approval for 4 years from the approval date.

If you have any questions regarding this application please contact your supervisor or the administrator for the Ethics and Integrity Sub-Committee.

Approval has been given for the submitted application only and the research must be conducted accordingly.

Should you wish to make any changes in connection with this research/consultancy project you must complete 'An application for approval of an amendment to an existing application'.

The approval of the proposed research/consultancy project applies to the following site.

Project site: **The study will take place using University of East London's online communications platform Microsoft Teams, using its 'scheduled meetings' functionality.**

Principal Investigator / Local Collaborator: Mr Max Eames

Approval is given on the understanding that the [UEL Code of Practice for Research](#) and the [Code of Practice for Research Ethics](#) is adhered to.

Any adverse events or reactions that occur in connection with this research/consultancy project should be reported using the University's form for [Reporting an Adverse/Serious Adverse Event/Reaction](#).

The University will periodically audit a random sample of approved applications for ethical approval, to ensure that the projects are conducted in compliance with the consent given by the Ethics and Integrity Sub-Committee and to the highest standards of rigour and integrity.

Please note, it is your responsibility to retain this letter for your records.

With the Committee's best wishes for the success of the project.

Yours sincerely,

Fernanda Pereira Da Silva

Administrative Officer for Research Governance

**Ethics ETH2122-0194: Mr Max Eames (High risk)**