

Sciences & Technology C-REC crecscitec@admin.susx.ac.uk

Certificate of Approval

Reference Number ER/SC430/1

Title Of Project Parenting with Anxiety - A Randomised Controlled Trial of an Online Intervention to Prevent

Anxiety in the Children of Anxious Parents

Principal Investigator (PI): Samantha Cartwright-Hatton

Student N/A

Collaborators

Duration Of Approval 2 years 3 months

Expected Start Date 04-Jan-2021

Date Of Approval 15-Dec-2020

Approval Expiry Date 31-Mar-2023

Approved By Karen Long

Name of Authorised Signatory Lauren Shukru

Date 15-Dec-2020

*NB. If the actual project start date is delayed beyond 12 months of the expected start date, this Certificate of Approval will lapse and the project will need to be reviewed again to take account of changed circumstances such as legislation, sponsor requirements and University procedures.

Please note and follow the requirements for approved submissions:

Amendments to protocol

* Any changes or amendments to approved protocols must be submitted to the C-REC for authorisation prior to implementation.

Feedback regarding the status and conduct of approved projects

* Any incidents with ethical implications that occur during the implementation of the project must be reported immediately to the Chair of the C-REC.

Feedback regarding any adverse(1) and unexpected events(2)

* Any adverse (undesirable and unintended) and unexpected events that occur during the implementation of the project must be reported to the Chair of the Science and Technology C-REC. In the event of a serious adverse event, research must be stopped immediately and the Chair alerted within 24 hours of the occurrence.

Monitoring of Approved studies

The University may undertake periodic monitoring of approved studies. Researchers will be requested to report on the outcomes of research activity in relation to approvals that were granted (full applications and amendments).

Research Standards

Failure to conduct University research in alignment with the Code of Practice for Research may be investigated under the Procedure for the Investigation of Allegations of Misconduct in Research or other appropriate internal mechanisms (3). Any queries can be addressed to the Research Governance Office: rgoffice@sussex.ac.uk

- (1) An "adverse event" is one that occurs during the course of a research protocol that either causes physical or psychological harm, or increases the risk of physical or psychological harm, or results in a loss of privacy and/or confidentiality to research participant or others.
- (2) An "unexpected event" is an occurrence or situation during the course of a research project that was a) harmful to a participant taking part in the research, or b) increased the probability of harm to participants taking part in the research.
- (3) http://www.sussex.ac.uk/staff/research/rqi/policy/research-policy

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