

**Charity number: 1035213**

**OCD ACTION**

**TRUSTEES REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2010**

**BAGINSKY COHEN**

**CHARTERED ACCOUNTANTS**

## OCD ACTION

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## **OCD ACTION**

### **REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2010**

#### **Trustees**

DANIEL NABARRO, Chairman  
ISOBEL HEYMAN, Vice Chairman  
ROBERT EDDISON, Trustee  
DR NAOMI FINEBERG, Trustee  
MARTYN HALL, Trustee  
INDIA HAYLOR, Trustee  
PETER JENNINGS, Trustee  
COLIN PUTNEY, Trustee  
CLIFF SNELLING, Trustee  
DR DAVID VEALE, Trustee

#### **Co-opted Trustees**

JORDAN RAPAPORT, Trustee (co-opted March 2010)  
BREE SHERWOOD, Trustee and Treasurer (co-opted March 2010)  
JOHN THOMPSON, Trustee (co-opted March 2010)

#### **President**

PIERS WATSON (appointed February 2010)

#### **Charity registered number**

1035213

#### **Principal office**

DAVINA HOUSE  
ROOMS 506 - 507  
137 -149 GOSWELL ROAD  
LONDON  
EC1V 7ET

#### **Auditors**

BAGINSKY COHEN  
CHARTERED ACCOUNTANTS  
930 HIGH ROAD  
LONDON  
N12 9RT

#### **Bankers**

HSBC  
2 CRAVEN ROAD  
PADDINGTON  
LONDON  
W2 3PY

## **OCD ACTION**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2010**

The Trustees present their annual report together with the audited financial statements of OCD Action (the charity) for the year ended 31 March 2010. The Trustees confirm that the annual report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

#### **1. STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **a. CONSTITUTION**

The Charity is established by written constitution and its objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

##### **b. METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES**

Until otherwise determined by the Association in General Meeting the Executive Committee shall consist of no less than six and no more than twelve members. All members of the Association and any other person who is willing to become a member shall be eligible for election to the Executive Committee.

At each Annual General Meeting one-third of the members of the Executive Committee, or the number nearest to one-third, shall retire, but shall retain office until the end of the meeting. Retiring members shall be eligible for re-election save that a member of the Executive Committee retiring after a period of continuous service amounting to six years shall not be eligible for re-election until the Annual General Meeting after the one at which he/she retires.

The Association may at an Annual General Meeting fill vacancies in the Executive Committee by electing persons there to.

Nominations for members of the Executive Committee signed by a member of the Association and by the person nominated to indicate willingness to serve must be received by the Secretary at least 42 days before the Annual General Meeting provided that if no nomination is so received for any vacancy a nomination made at the Annual General Meeting for that vacancy shall be valid.

The Executive Committee may from time to time appoint a member, or person willing to become a member, of the Association as a member of the Executive Committee to fill a casual vacancy or by way of addition to the Executive Committee provided that the prescribed maximum be not thereby exceeded. Any member so appointed shall retain his/her office until the end of the next Annual General Meeting and shall be eligible for election.

The Executive Committee may from time to time co-opt up to 4 members, or persons willing to become members, of the Association as additional members of the Executive Committee and notwithstanding that the prescribed maximum is exceeded PROVIDED that the number of co-opted members shall not exceed one-third of the total number of members of the Committee in accordance with Clause 7.2 of the charity's governing document. Co-opted members shall be entitled to vote at meetings of the Executive Committee. They shall hold office only until the end of the next Annual General Meeting when they shall cease to be members of the Executive Committee and subject to the provisions of this clause be co-opted for a further period of service.

## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010**

#### **c. POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

The charity continues to improve its trustee induction and training resources to ensure that new trustees are equipped to support the work of OCD Action to their maximum ability.

#### **d. ORGANISATIONAL STRUCTURE AND DECISION MAKING**

The affairs and property of the Association are controlled and managed by the Executive Committee which may exercise all such powers of the association as are not required by this Constitution to be exercised by the Association in General Meeting. In particular the Executive Committee shall:-

- (a) Control the admissions to and termination of membership of the Association in accordance with the provisions of Clause 3 of the charity's governing document;
- (b) Make and vary regulations for the conduct of the affairs of the Association including the conduct and recording of meetings;
- (c) Submit to the Annual General Meeting a report together with the audited accounts of the Association for the immediately preceding financial year;
- (d) Make and vary regulations for the establishment of local branches as may be necessary and appropriate.

The Executive Committee delegate the day to day running of the association to an appointed director.

#### **e. RELATED PARTY RELATIONSHIPS**

OCD Action continues its partnership with CCBT Limited, a provider of computer based cognitive behavioural therapy. As part of this partnership, CCBT Limited is credited as the sponsor of OCD Action's annual conference. The two organisations share insight and information with the aim of improving and developing services for people affected by OCD.

#### **f. RISK MANAGEMENT**

Trustees oversee a risk management programme through the financial year. Risks are identified along with their potential impact and likelihood of occurrence. It is the responsibility of the Director to then put in place suitable measures to guard against identified risks.

## **2. OBJECTIVES AND ACTIVITIES**

### **a. POLICIES AND OBJECTIVES**

OCD is a clinically recognised condition in which people experience intensely negative, repetitive and intrusive thoughts combined with a chronic feeling of doubt or danger. In order to quell the thought or quiet the anxiety, they will repeat an action, again and again.

OCD is the fourth most common mental health disorder, with an estimated 1.8 million people affected in the UK. It is listed by the World Health Organization as one of the top 10 disabling conditions (including physical ailments) in the world.

## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010**

OCD Action's objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

OCD Action's vision is of a society where Obsessive Compulsive Disorder (OCD) is better understood and diagnosed quickly; where appropriate treatment options are open and accessible; where support and information are readily available and where nobody feels ashamed to ask for help.

Despite the number of people affected and the debilitating nature of the disorder, reports have shown that there is often a substantial delay between the onset of OCD and treatment being received. This delay causes pointless misery and isolation, brought about by a disorder that can, in many cases, be successfully managed.

There are many reasons why people with OCD delay seeking medical help. These include a fear that they will be committed to secure mental health institutions, a fear of the stigma associated with mental health disorders or a simple belief that no one can help them. Once a person with OCD tries to seek medical help, receiving an appropriate diagnosis, and accessing therapy, can take up to 18 months.

#### **b. STRATEGIES FOR ACHIEVING OBJECTIVES**

OCD Action's services are designed to support people before, during and after the treatment process. The charity's awareness work aims to reduce the unnecessary delay by raising the profile and understanding of OCD amongst healthcare professionals and giving a strong and clear message to the public that OCD is nothing to be ashamed of, that it is not uncommon and it is treatable.

#### **c. ACTIVITIES FOR ACHIEVING OBJECTIVES**

The charity provides a national support and information Helpline, an advocacy service and runs an interactive website and online-forum. It also works to raise awareness of the disorder amongst the public and frontline healthcare workers and engages with Government to secure better treatment quality and availability for people with OCD.

#### **d. VOLUNTEERS**

The number of volunteers working on behalf of the charity continues to increase. At present there are 15 helpline volunteers, one media volunteer, one fundraising volunteer, ten advocacy volunteers and five administration volunteers. The charity has also been able to recruit 41 awareness champions who work in their local community to spread awareness of OCD and of OCD Action's services.

### **3. ACHIEVEMENTS AND PERFORMANCE**

#### **a. REVIEW OF ACTIVITIES**

In the last Trustees' Report for the year 2008-09, the charity reported that the focus for the year had been the modernisation of the charity's infrastructure, the increasing and stabilising of income and the development of core services. The trustees were able to report a great deal of progress in these areas.

For the financial year 2009-10 the focus has been to build on income generation activities and to increase the awareness of OCD and of OCD Action whilst maintaining high quality services and introducing new ways of providing life changing help to people with OCD. Once again, the trustees are proud to report substantial progress in these areas

## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010**

#### **i) Service Delivery**

##### **Helpline**

The OCD Action helpline continues to provide high quality support and information to people affected by OCD. During the year a total of 12 new volunteers were recruited and trained. The total number of calls was slightly down on the previous year and this appears to be the direct result of the increase in use of the charity's website where more factual information is now readily accessible.

##### **Advocacy**

The advocacy service has developed substantially over the last year with an average caseload of 35 individuals at any one time. 15 volunteers have now been recruited and are undergoing training to help meet increasing demand on the service.

The service is achieving many successful outcomes with clients retaining employment, receiving housing and accessing treatment that was previously denied to them. The Lloyds TSB Foundation for England and Wales, the projects main funders, are pleased with the way the project has adapted and developed to deliver clear outcomes.

##### **OCD Week**

During the year, the charity undertook an ambitious challenge. In place of the annual national OCD Conference it was agreed to run a more substantial week-long event, OCD Week. This week, 6 to 13 February 2010, saw 2 national conferences, 14 online seminars and 15 local awareness raising events run by volunteers in their community. OCD Week attracted a great deal of national and local media coverage and feedback from stakeholders was overwhelmingly positive.

##### **Awareness & Media**

Over the year, the charity has enjoyed greatly increased media coverage. The key reasons for this has been the work of a volunteer media officer, the increased impact of OCD Week and a more co-ordinated, pro-active and rigorous approach to working with the media and volunteer case studies.

In addition to this, the charity underwent a rebranding process, provided pro-bono, by an independent brand designer. The charity's new brand identity aims to express the aims of the charity to be both informative and to inspire people with OCD to take action to improve their lives.

##### **Website**

The new OCD Action website, launched in October 2009 has proven to be successful with increased use of interactive and download functions. The site will be further developed over the next financial year to encourage greater use of community building and networking functions.

The site reflects the role of the charity as both a provider of information for people affected by OCD and as the hub of an informed and engaged community.

## OCD ACTION

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010

#### Support Groups

During the financial year the charity has been able to increase the support that it can provide to the network of local independent OCD support groups throughout the country. This culminated in the provision of a training day for support group facilitators in September 2009. Feedback from this event was very positive and further training days will take place in the year ahead.

#### ii) Governance, Office and Administration

During the year, Trustees have sought to bring on-board new members of the trustee team to add additional strengths, skills and experience to the charity. Following a call for new trustees via the charity's newsletter and website 3 individuals were co-opted to the trustee board during the financial year with an additional person expected to be co-opted in 2010-11. Co-opted trustees will face election at the charity's next AGM in February 2011.

Trustees continue to believe in maintaining a balance of skills and experience on the trustee board where service users and medical professionals can work together for the good of people affected by OCD. At present the (elected and co-opted) trustee team comprises;

- Three medical professionals
- Seven people with OCD
- Two carers of people with OCD
- Two management professionals (a fundraising specialist and a qualified accountant)

#### b. FUNDRAISING AND INCOME GENERATION

Income raised from Charitable Trusts remains the main source of ordinary income for the charity. During the financial year the charity made 208 approaches to charitable trusts (86 in the financial year 2008-09). The charity takes a selective approach to trust fundraising, where trusts are targeted based on information available concerning the activities that they are likely to fund.

The level of positive responses to these approaches was slightly above that of the previous year although total income received was down. The total recorded trust income for the financial year was £65,000 restricted funding (£98,969 in 2008-09) and £46,866 un-restricted funding (£21,735 in 2008-09).

In addition to this a further £40,000 of unrestricted funds has been pledged for further years following activity in 2009-10 and £13,500 has already been received in 2010-11 following activity in 2009-10.

Total income rose 40% to £262K. The charity however has not been immune from the challenging fundraising climate especially as the main source of this income, Charitable Trusts, have seen their resources decrease markedly. The success of the year is largely thanks to the receipt of a substantial legacy of £100,000 along with the continued support of our corporate partners; CCBT Ltd. Further, as yet unquantified income is expected from the legacy in the next financial year.

In order to help ensure continued financial growth, Trustees are considering earmarking some of this generous legacy for the creation of a part time Fundraising post. This development will help the charity open up new sources of income. The remainder of the funds will be held in reserves to help ensure organisational stability.



## **OCD ACTION**

### **TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010**

#### **4. FINANCIAL REVIEW**

##### **a. RESERVES POLICY**

During the financial year the charity was able to come closer to its stated target of building up unrestricted reserves equivalent to 4 month's normal expenditure.

#### **5. PLANS FOR THE FUTURE**

##### **a. FUTURE DEVELOPMENTS**

OCD Action's Strategic Plan sets out the charity's operational priorities for the years 2009-10 to 2011-12. In the year ahead the charity aims to;

- Develop the Helpline service to offer out of hours support
- Increase coverage of the Advocacy Service
- Increase its work with young people at school and those responsible for their welfare
- Undertake research into the provision of services for people with OCD
- Increase the support it is able to provide to local OCD support groups

A full copy of the strategic plan is available on the charity's website; [www.ocdaction.org.uk](http://www.ocdaction.org.uk)

## OCD ACTION

### TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2010

#### STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 3 August 2010 and signed on their behalf,



DANIEL NABARRO

## **OCD ACTION**

### **INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION**

We have audited the financial statements of OCD Action for the year ended 31 March 2010 set out on pages 11 to 18. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 43 of the Charities Act 1993 and regulations made under section 44 of that Act. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

The Trustees' responsibilities for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' responsibilities.

We have been appointed as auditors under section 43 of the Charities Act 1993 and report in accordance with regulations made under section 44 of that Act. Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are prepared in accordance with the Charities Act 1993. We also report to you if, in our opinion, the information given in the Trustees' report is not consistent with those financial statements, if the charity has not kept sufficient accounting records, if the charity's financial statements are not in agreement with these accounting records, or if we have not received all the information and explanations we require for our audit.

We read the Trustees' report and consider the implications for our report if we become aware of any apparent misstatements within it.

### **BASIS OF AUDIT OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the Trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

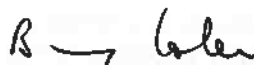
**OCD ACTION**

**INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION**

**OPINION**

In our opinion the financial statements:

- give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the charity's affairs as at 31 March 2010 and of its incoming resources and application of resources for the year then ended; and
- have been prepared in accordance with the Charities Act 1993.



**BAGINSKY COHEN**  
CHARTERED ACCOUNTANTS  
REGISTERED AUDITORS  
930 HIGH ROAD  
LONDON  
N12 9RT

3 August 2010

## OCD ACTION

### STATEMENT OF FINANCIAL ACTIVITIES (Incorporating Income and Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2010

	Note	Restricted funds 2010 £	Unrestricted funds 2010 £	Total funds 2010 £	Total funds 2009 £
<b>INCOMING RESOURCES</b>					
Incoming resources from generated funds:					
Voluntary income	2	-	113,418	113,418	19,387
Activities for generating funds	3,4	-	1,746	1,746	2,113
Incoming resources from charitable activities	5	67,500	79,622	147,122	164,956
Bank interest receivable		-	14	14	63
<b>TOTAL INCOMING RESOURCES</b>		<b>67,500</b>	<b>194,800</b>	<b>262,300</b>	<b>186,519</b>
<b>RESOURCES EXPENDED</b>					
Costs of generating funds:					
Costs of generating income	6	-	18,851	18,851	15,655
Charitable activities	8	65,467	97,589	163,056	168,485
Governance costs	7	-	3,232	3,232	2,875
<b>TOTAL RESOURCES EXPENDED</b>		<b>65,467</b>	<b>119,672</b>	<b>185,139</b>	<b>187,015</b>
<b>NET INCOME / (EXPENDITURE) BEFORE TRANSFERS</b>					
		2,033	75,128	77,161	(496)
Transfers between Funds	14	(2,832)	2,832	-	-
<b>NET MOVEMENT IN FUNDS FOR THE YEAR</b>		<b>(799)</b>	<b>77,960</b>	<b>77,161</b>	<b>(496)</b>
Total funds at 1 April 2009		24,204	(9,009)	15,195	15,691
<b>TOTAL FUNDS AT 31 MARCH 2010</b>		<b>23,405</b>	<b>68,951</b>	<b>92,356</b>	<b>15,195</b>

All activities relate to continuing operations.

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 13 to 18 form part of these financial statements.

**OCD ACTION**

**BALANCE SHEET  
AS AT 31 MARCH 2010**

	Note	2010		2009	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible fixed assets	11		5,822		7,763
<b>CURRENT ASSETS</b>					
Stocks	12	-		937	
Cash at bank and in hand		97,922		60,854	
		<u>97,922</u>		<u>61,791</u>	
<b>CREDITORS: amounts falling due within one year</b>	13	<u>(11,388)</u>		<u>(54,359)</u>	
<b>NET CURRENT ASSETS</b>			<u>86,534</u>		<u>7,432</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>92,356</u>		<u>15,195</u>
<b>CHARITY FUNDS</b>					
Restricted funds	14		23,405		24,204
Unrestricted funds	14		68,951		(9,009)
<b>TOTAL FUNDS</b>			<u>92,356</u>		<u>15,195</u>

The financial statements were approved by the Trustees on 3 August 2010 and signed on their behalf, by:

The notes on pages 13 to 18 form part of these financial statements.



DANIEL NABARRO

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 1. ACCOUNTING POLICIES

##### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in March 2005 and applicable accounting standards.

##### 1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### 1.3 Incoming resources

All incoming resources are included in the Statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

##### 1.4 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 1. ACCOUNTING POLICIES (continued)

##### 1.5 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

##### 1.6 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

IT and database software - 25% reducing balance

#### 2. VOLUNTARY INCOME

	Restricted Funds 2010 £	Unrestricted Funds 2010 £	Total Funds 2010 £	Total Funds 2009 £
Subscriptions and small donations	-	11,418	11,418	19,387
Legacy	-	102,000	102,000	-
<b>Total</b>	<b>-</b>	<b>113,418</b>	<b>113,418</b>	<b>19,387</b>

#### 3. FUNDRAISING INCOME

	Restricted funds 2010 £	Unrestricted funds 2010 £	Total funds 2010 £	Total funds 2009 £
Fundraising	-	1,235	1,235	970

#### 4. TRADING ACTIVITIES

	Restricted funds 2010 £	Unrestricted funds 2010 £	Total funds 2010 £	Total funds 2009 £
<b>Charity trading income</b>				
Charity trading income - Domestic	-	511	511	1,143
<b>Net income from trading activities</b>	<b>-</b>	<b>511</b>	<b>511</b>	<b>1,143</b>



## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Restricted Funds 2010 £	Unrestricted Funds 2010 £	Total Funds 2010 £	Total Funds 2009 £
Anxiety disorder conference reimbursement	-	-	-	3,142
Corporate income	2,500	25,776	28,276	26,907
Conference income	-	5,185	5,185	10,811
Internship programme expense reimbursement	-	-	-	2,240
Miscellaneous income	-	1,795	1,795	1,162
Trust income	-	46,866	46,866	21,725
Trust restricted income	65,000	-	65,000	98,969
Total	<u>67,500</u>	<u>79,622</u>	<u>147,122</u>	<u>164,956</u>

#### 6. COSTS OF GENERATING INCOME

	Restricted Funds 2010 £	Unrestricted Funds 2010 £	Total Funds 2010 £	Total Funds 2009 £
Allocation of administrators salary towards fundraising	-	4,515	4,515	4,063
Allocation of directors salary towards generating general funds	-	11,811	11,811	10,833
Direct costs - Publicity	-	2,525	2,525	60
Direct costs - Fundraising	-	-	-	700
Total	<u>-</u>	<u>18,851</u>	<u>18,851</u>	<u>15,656</u>

During the financial year end 31 March 2010 Director's and administrator's salaries were apportioned towards the costs of generating general income and direct costs.

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 7. GOVERNANCE COSTS

	Restricted funds 2010 £	Unrestricted funds 2010 £	Total funds 2010 £	Total funds 2009 £
Auditors remuneration	-	3,232	3,232	2,875

#### 8. DIRECT COSTS

	Fundraising £	Governance £	Charitable Activity £	Total 2010 £	Total 2009 £
Auditors remuneration	-	3,232	-	3,232	2,875
Fundraising costs	18,851	-	-	18,851	15,656
Volunteers' expense	-	-	5,592	5,592	8,975
Books and CD's for resale	-	-	941	941	615
IT support	-	-	8,704	8,704	4,945
Conference expenses	-	-	6,676	6,676	26,868
Recruitment expenses	-	-	544	544	12,780
Travelling expenses	-	-	4,880	4,880	-
Office costs	-	-	5,554	5,554	5,881
Telephone	-	-	3,173	3,173	2,168
Printing, postage and stationery	-	-	10,679	10,679	10,125
Depreciation	-	-	1,941	1,941	1,846
Training Expenses	-	-	135	135	1,917
Insurances	-	-	652	652	588
Sundry expenses	-	-	(71)	(71)	1,567
Outsourced services	-	-	1,320	1,320	13,126
Legal and professional	-	-	3,421	3,421	731
Rent and rates	-	-	16,236	16,236	16,752
Bank charges	-	-	-	-	15
Salaries	-	-	83,886	83,886	52,896
National insurance	-	-	8,793	8,793	6,689
	<u>18,851</u>	<u>3,232</u>	<u>163,056</u>	<u>185,139</u>	<u>187,015</u>

#### 9. TURNOVER

All turnover arose within the United Kingdom.

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 10. NET INCOME / (EXPENDITURE)

This is stated after charging:

	2010 £	2009 £
Depreciation of tangible fixed assets: - owned by the charity	1,941	1,846

During the year, no Trustees received any remuneration, benefits in kind, or reimbursement of expenses (2009 - £NIL).

#### 11. TANGIBLE FIXED ASSETS

	Other fixed assets £
<b>Cost</b>	
At 1 April 2009 and 31 March 2010	18,778
<b>Depreciation</b>	
At 1 April 2009	11,015
Charge for the year	1,941
At 31 March 2010	12,956
<b>Net book value</b>	
At 31 March 2010	5,822
At 31 March 2009	7,763

#### 12. STOCKS

	2010 £	2009 £
Finished goods and goods for resale	-	937

#### 13. CREDITORS: Amounts falling due within one year

	2010 £	2009 £
Trade creditors	4,462	11,484
Social security and other taxes	3,694	-
Accruals and deferred income	3,232	42,875
	11,388	54,359

## OCD ACTION

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

#### 14. SUMMARY OF FUNDS

	Brought Forward £	Incoming resources £	Resources Expended £	Transfers in/out £	Carried Forward £
Unrestricted funds	(9,009)	194,800	(119,672)	2,832	68,951
Restricted funds	24,204	67,500	(65,467)	(2,832)	23,405
	<u>15,195</u>	<u>262,300</u>	<u>(185,139)</u>	<u>-</u>	<u>92,356</u>

#### 15. SUMMARY OF RESTRICTED FUND MOVEMENTS

	Brought Forward £	Incoming Resources £	Resources Expended £	Transfers in/out £	Carried Forward £
The Tudor Trust	20,131	25,000	(26,224)	1,224	20,131
Lloyds TSB	-	40,000	(36,726)	-	3,274
Vodafone	-	2,500	(2,517)	17	-
Comic Relief (2009)	4,800	-	-	(4,800)	-
The Kitty and Daniel Nabarro Charitable Trust	(467)	-	-	467	-
The Swan Mountain Trust	(260)	-	-	260	-
	<u>24,204</u>	<u>67,500</u>	<u>(65,467)</u>	<u>(2,832)</u>	<u>23,405</u>

#### 16. RESTRICTED FUNDS ANALYSIS

1. The Tudor Trust - to cover the salary of the administrator and other associated costs.
2. Lloyds TSB - toward the salary of the Advocacy Manager, travel, overheads, IT and material costs.
3. Vodafone - to cover the salary costs of OCD week administrator.