

Charity No. 1035213

**OCD ACTION**  
**TRUSTEES REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2007**

12 FEB 2008

CALDWELL & BRAHAM  
Chartered Accountants  
5 Breams Buildings  
London  
EC4A 1DY

**OCD ACTION**

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**CHARITY INFORMATION**

**Trustees:** Piers Watson - Chairman  
Isobel Heyman - Secretary  
Dr Naomi Fineberg  
Dr David Veale  
Carolina Costa (appointed 4 April 2006)  
Robert Eddison  
Martyn Hall  
Daniel Nabarro (appointed 4 April 2006)  
Colin Putney  
Cliff Snelling  
Jeremy Vaughan (appointed 16 May 2006)

**Charity Number** 1035213

**Charity Offices** Davina House  
Rooms 506-507  
137 Goswell Road  
London  
EC1V 7ET

**Independent Examiner** N A H Brecker  
Chartered Accountant  
5 Breams Buildings  
London  
EC4A 1DY

**Bankers** HSBC  
2 Craven Road  
Paddington  
London  
W2 3PY

## OCD ACTION

### TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2007

The Trustees present their report and accounts for the year ended 31 March 2007.

#### **Trustees**

Trustees who served during the year were as follow:-

Piers Watson – Chairman

Dr Isobel Heyman - Secretary

Dr Naomi Fineberg

Dr David Veale

Robert Eddison

Martyn Hall

Colin Putney

Cliff Snelling

Caroline Costa

Daniel Nabarro

Jeremy Vaughan

Appointment of trustees is governed by the Constitution of the charity. Trustees are appointed in Annual General Meeting each year and are authorised to fill vacancies arising through resignation or death of an existing trustee.

#### **Investment Powers**

The Constitution authorises the trustees to make and hold investments using the general funds of the charity, but no such investments are presently held.

#### **Constitution, objects and policies**

The Charity is established by written constitution and its objects are to relieve and rehabilitate those suffering from Obsessive Compulsive Disorder and to advance and educate generally the general public so as to better understand this condition.

The policy of the Charity continues to be to seek additional finance and support to run the Charity for the benefit of current and future sufferers.

The trustees delegate the day to day responsibility for managing the charity to the administrator.

The Charity holds reserves which amount to over 40% of one-year's expenditure. The trustees consider this is adequate to enable the Charity to maintain its activities.

#### **Activities, achievements and future development**

This year to 31 March 2007 has seen some important investments by the Charity. Most importantly we have used some funding to invest in our membership administration and fundraising systems and processes. This will take a little time to get set-up and operating effectively, but we anticipate significant savings in external administration and fundraising costs next year.

The office has continued to provide valuable support to sufferers, has answered many thousands of calls, and sent out in excess of 10,000 information packs.

Our media representative on the executive committee has continued to participate in and facilitate a wide range of press articles and television programmes in order to help raise the profile of the illness and the Charity.

On the financial front, we finished the year in a stable position and thank all our members for their fundraising activities. We continue to rely on successful applications to trust funds for much of our work, and we hope to expand this in the coming year as we look to continue to grow the Charity and the services it provides to its members and the wider pool of sufferers.

## OCD ACTION

### TRUSTEE'S REPORT FOR THE YEAR ENDED 31 MARCH 2007 *Continued*

#### **Statement of trustees responsibilities**

The trustees are required under the Charities Act 1993 to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and of its financial position at the end of the year (unless the Charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements to give a true and fair view, the trustees should follow best practice and:-

- (a) select suitable accounting policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- (d) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the Charity and which enable them to ascertain the financial position of the Charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Approval**



.....  
Piers Watson  
Trustee

21 January 2008

## **OCD ACTION**

### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF OBSESSIVE ACTION**

I report on the accounts of the Trust for the year ended 31 March 2007, which are set out on Pages 5 to 9.

#### **Respective responsibilities of trustees and examiner**

As the Charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of Section 43(2) of the Charities Act 1993 (the Act) does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under Section 43(3)(a) of the Act and to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under Section 43(7)(b) of the Act, whether particular matters have come to my attention.

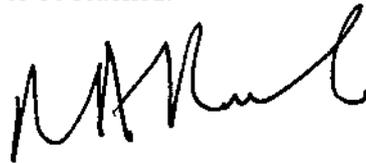
#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

#### **Independent examiner's statement**

In connection with our examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements  
(a) to keep accounting records in accordance with Section 41 of the Act; and  
(b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act.  
have not been met: or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



N A H BRECKER  
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London  
EC4A 1DY

Date: 21 January 2008

**OCD ACTION****STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2007**

	<u>Notes</u>	Unrestricted <u>Funds</u> £	Restricted <u>Funds</u> £	<u>2007</u> <u>Total</u> £	<u>2006</u> <u>Total</u> £
<b><u>Incoming Resources</u></b>					
Large donations		55,139		55,139	36,435
Subscriptions and small donations		22,173		22,173	23,426
Sales		1,657		1,657	2,461
Raffle net proceeds		180		180	186
Bank interest received		77		77	93
		-----	-----	-----	-----
Total incoming resources		<u>79,226</u>	-	<u>79,226</u>	<u>62,601</u>
<b><u>Resources Expended</u></b>					
<b>Costs of generating funds</b>					
Fundraising and publicity		5,512		5,512	8,291
<b>Charitable activities</b>					
		55,894		55,894	57,402
<b>Management and administration</b>					
		871		871	700
		-----	-----	-----	-----
Total resources expended	2	<u>62,277</u>	-	<u>62,277</u>	<u>66,393</u>
		-----	-----	-----	-----
Net movement in fund for the year		16,949		16,949	(3,792)
Total funds brought forward		10,656		10,656	14,448
		-----	-----	-----	-----
Total funds carried forward		<u>£27,605</u>	£ -	<u>£27,605</u>	<u>£10,656</u>
		=====	=====	=====	=====

There were no recognised gains or losses for 2007 or 2006 other than those included in the Statement of Financial Activities.

The notes on Pages 7 to 9 form part of these accounts.

## OCD ACTION

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2007

#### 1 Accounting policies

##### **Basis of preparation of accounts**

The accounts are prepared in accordance with the SORP 'Accounting and Reporting by Charities' and the FRSS (2005).

The Charity has taken advantage of the exemption in Financial Reporting Standard No. 1 from the requirement to produce a cashflow statement as it qualifies as a small charity.

##### **Income**

Voluntary income and donations are accounted for as received by the Charity. No permanent endowments have been received in the period.

##### **Value added tax**

Value added tax is not recoverable by the Charity, and as such is included in the relevant costs in the Statement of Financial Activities.

##### **Fixed assets**

Depreciation is provided at the rate of 25% per annum on cost in order to write off the assets over their estimated useful life.

##### **Stocks**

These are valued at the lower of cost or market value.

#### 2 Resources Expended

	<u>2007</u>	<u>2006</u>
	£	£
Administration	13,299	18,302
Wages	2,641	-
Newsletters and booklets	6,077	6,498
Fundraising costs	5,482	7,138
Publicity	30	1,153
Volunteers' expenses	2,017	1,749
Membership administration fees	4,002	4,794
Books & CDs for resale	911	2,164
Repairs and renewals	703	209
Web sales charges	147	134
IT support	1,061	1,011
Conference expenses	457	117
Recruitment expenses	231	-
Travelling	1,571	1,616
Office costs	8,040	8,208
Telephone	1,911	2,596
Printing, postage & stationery	8,249	8,490
Accountants' fees	871	700
Depreciation	2,440	1,139
Bank charges	230	41
Training expenses	1,017	-
Sundry expenses	<u>890</u>	<u>334</u>
	<u>62,277</u>	<u>66,393</u>

**OCD ACTION****NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2007**

	<u>2007</u>	<u>2006</u>
	£	£
3		
<b>Creditors:</b>		
Amounts falling due within one year	417	-
Taxation and social security accruals	921	3,076
	-----	-----
	1,338	3,076
	=====	=====
4		
<b><u>Fixed Assets</u></b>		
	£	£
<u>Cost</u>		
At 1 April 2006	4,559	4,342
Additions	8,293	217
	-----	-----
At 31 March 2007	12,852	4,559
	=====	=====
<u>Depreciation</u>		
At 1 April 2006	4,192	3,053
Charge for year	2,440	1,139
	-----	-----
At 31 March 2007	6,632	4,192
	=====	=====
<u>Net Book Values</u>		
At 31 March 2007	6,220	367
	=====	=====
5		
<b><u>Staff Costs</u></b>		
Wages and salaries	29,093	18,302
Social security costs	146	-
	-----	-----
	£29,239	£ 18,302
	=====	=====
Average number of staff	1 (part time)	1 (part time)

**OCD ACTION**

**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2007**

6 **Donations**

We gratefully acknowledge the contribution of the following charitable organisations who have made generous donations to OCD Action during the year.

Caring Trust  
Garfield Weston Foundation  
Hospital Saturday Fund