

Charity number: 1035213

OCD ACTION

TRUSTEES REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2013

BAGINSKY COHEN

CHARTERED ACCOUNTANTS

OCD ACTION

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OCD ACTION

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2013

Trustees (members of the executive committee)

DANIEL NABARRO, Chairman
ISOBEL HEYMAN, Vice Chairman (resigned 23 April 2013)
GILLIAN KNIGHT, Secretary
SIDNEY BAGINSKY, Treasurer
TRUDY ANGUS (appointed 24 November 2012)
KEIRA BARTLETT* (appointed 24 November 2012, resigned 1 January 2013)
CHRIS BROTHERTON (appointed 24 November 2012)
MICHAEL CARO (co-opted 16 March 2013)
ROBERT EDDISON (resigned 12 April 2012)
DR NAOMI FINEBERG
PAUL GROWNEY
MARTYN HALL
JORDAN RAPAPORT
CLIFF SNELLING (resigned 24 November 2012)
DR DAVID VEALE

*resigned as Trustee of OCD Action following the submission of an application to paid staff role.

Charity registered number

1035213

Principal office

DAVINA HOUSE, ROOMS 506 - 507, LONDON, EC1V 7ET

Independent auditors

BAGINSKY COHEN, 930 HIGH ROAD, LONDON, N12 9RT

Bankers

HSBC, 2 CRAVEN ROAD, PADDINGTON, LONDON, W2 3PY

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT FOR THE YEAR ENDED 31 MARCH 2013

The Trustees present their annual report together with the audited financial statements of OCD Action (the charity) for the year ended 31 March 2013. The Trustees confirm that the annual report and financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

1. STRUCTURE, GOVERNANCE AND MANAGEMENT

a. CONSTITUTION

The Charity is an unincorporated association established by written constitution and its objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

b. METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

Until otherwise determined by the Association in General Meeting the Executive Committee shall consist of no less than six and no more than twelve members. All members of the Association and any other person who is willing to become a member shall be eligible for election to the Executive Committee.

At each Annual General Meeting one-third of the members of the Executive Committee, or the number nearest to one-third, shall retire, but shall retain office until the end of the meeting. Retiring members shall be eligible for re-election.

The Association may at an Annual General Meeting fill vacancies in the Executive Committee by electing persons on to the Executive Committee.

Nominations for members of the Executive Committee signed by a member of the Association and by the person nominated to indicate willingness to serve must be received by the Secretary at least 42 days before the Annual General Meeting provided that if no nomination is so received for any vacancy a nomination made at the Annual General Meeting for that vacancy shall be valid.

The Executive Committee may from time to time appoint a member, or person willing to become a member, of the Association as a member of the Executive Committee to fill a casual vacancy or by way of addition to the Executive Committee provided that the prescribed maximum be not thereby exceeded. Any member so appointed shall retain his/her office until the end of the next Annual General Meeting and shall be eligible for election.

The Executive Committee may from time to time co-opt up to four members, or persons willing to become members, of the Association as additional members of the Executive Committee and notwithstanding that the prescribed maximum is exceeded provided that the number of co-opted members shall not exceed one-third of the total number of members of the Committee in accordance with Clause 7.2 of the charity's governing document. Co-opted members shall be entitled to vote at meetings of the Executive Committee. They shall hold office only until the end of the next Annual General Meeting when they shall cease to be members of the Executive Committee and subject to the provisions of this clause be co-opted for a further period of service.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

c. POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES

The charity continues to improve its trustee induction and training resources to ensure that new trustees are equipped to support the work of OCD Action to their maximum ability.

d. ORGANISATIONAL STRUCTURE AND DECISION MAKING

The affairs and property of the Association are controlled and managed by the Executive Committee which may exercise all such powers of the association as are not required by this Constitution to be exercised by the Association in General Meeting. In particular the Executive Committee shall:-

- (a) Control the admissions to and termination of membership of the Association in accordance with the provisions of Clause 3 of the charity's governing document;
- (b) Make and vary regulations for the conduct of the affairs of the Association including the conduct and recording of meetings;
- (c) Submit to the Annual General Meeting a report together with the audited accounts of the Association for the immediately preceding financial year;
- (d) Make and vary regulations for the establishment of local branches as may be necessary and appropriate.

The Executive Committee delegate the day to day running of the association to an appointed director.

e. RELATED PARTY RELATIONSHIPS

OCD Action works closely with the Young People and Adolescent specialist team at the South London and Maudsley Hospital to provide support for young people with OCD and for their parents.

f. RISK MANAGEMENT

Trustees oversee a risk management programme which identifies the major risks to which the charity is exposed and ensure that systems or procedures are established to manage those risks.

2. OBJECTIVES AND ACTIVITIES

a. POLICIES AND OBJECTIVES

Obsessive Compulsive Disorder (OCD) is a clinically recognised condition in which people experience intensely negative, repetitive and intrusive thoughts combined with a chronic feeling of doubt or danger. In order to quell the thought or quiet the anxiety, they will repeat an action, again and again.

OCD is the fourth most common mental health disorder, with an estimated one million people affected in the UK. It is recognised by the World Health Organisation as one of the most disabling conditions (including physical ailments) in the world.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

OCD Action's objectives are to relieve and rehabilitate those affected by obsessive compulsive disorder and to educate and raise awareness of the disorder amongst the general public, so that the condition is better understood.

Despite the number of people affected and the debilitating nature of the disorder, reports have shown that there is often a substantial delay between the onset of OCD and treatment being received. This delay causes pointless misery and isolation, brought about by a disorder that can, in many cases, be successfully managed.

There are many reasons why people with OCD delay seeking medical help. These include a fear that they will be committed to secure mental health institutions, a fear of the stigma associated with mental health disorders or a simple belief that no one can help them.

OCD Action's vision is of a society where OCD is better understood and diagnosed quickly; where appropriate treatment options are open and accessible; where support and information are readily available and where nobody feels ashamed to ask for help.

b. STRATEGIES FOR ACHIEVING OBJECTIVES

OCD Action's services are designed to support people before, during and after the treatment process. The charity's awareness work aims to reduce the unnecessary delay by raising the profile and understanding of OCD amongst healthcare professionals and giving a strong and clear message to the public that OCD is nothing to be ashamed of, that it is not uncommon and that it is treatable.

c. ACTIVITIES FOR ACHIEVING OBJECTIVES

The charity provides a national support and information Helpline, an advocacy service and runs an interactive website and online-forum. It also works to raise awareness of the disorder amongst the public and frontline healthcare workers and engages with Government to secure better treatment quality and availability for people with OCD.

d. VOLUNTEERS

The Charity continues to rely on a large group of volunteers to deliver its services, support its administration and help to spread awareness about OCD. The great majority of volunteers are people who have been affected by OCD.

3. ACHIEVEMENTS AND PERFORMANCE

a. GOING CONCERN

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

b. REVIEW OF ACTIVITIES

In the last Trustees' report it was stated that, in accordance with its agreed strategic plan, The Charity had the following broad aims for the year 2012-13:

- **Reach out to communities** and bring together people affected by OCD in safe and supportive environments to provide support, information and reduce feelings of isolation.
- **Support the young and hard to reach** and ensure their lives are not ruined by OCD by extending our services nationwide and into marginalised communities.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

- **Effect change at a National level** and ensure a better deal for people with OCD by working in partnership with leading clinicians and social care providers, delivering training to school professionals and raising awareness amongst the general public.
- **Increase financial stability** by increasing the amount of regular core income that it receives from individual donations and ensuring that a fair proportion of core running costs are allocated to specific funded project budgets.

The Trustees are pleased to report that a great deal of progress has been made in each of these key areas.

i) Reaching out to communities

Support Groups

In October 2012 OCD Action successfully secured a grant from the Big Lottery Fund for £111,210 over three years to improve and develop the nationwide network of local Support Groups for people affected by OCD. The project will address the lack of training and resources available to group leaders and will enable us to develop new groups in under-represented areas.

The project started in February 2013 with the recruitment of a Groups & Communities Manager who will lead the 'Better Together' project over the three years. We are delighted with how the project is progressing.

Four Regional Volunteers have been recruited and trained, who will offer mentoring and guidance to Support Group leaders in their regions. They will be overseen by the Project Manager who will focus on setting up new groups, running training sessions and developing resources.

To date, 22 new groups have been or are being set up. Nine are fully up and running, 11 are in the process of being set up and two have been identified to become operational by December 2013. New geographical areas are now being covered and the groups that were already in existence are improving in quality with our help.

This project is already having a positive impact on the lives of people affected by OCD around the country and we are excited to see what will be achieved over the course of this three year project.

Virtual groups

We now have the technology in place to facilitate virtual "group meetings". We have successfully set up a monthly virtual group aimed at parents of people affected by OCD. The technology used enables people to login and watch a presentation by an expert on a particular topic of OCD and then type questions to be answered. This support is proving invaluable for worried parents who are desperate to find information to help their children.

The Big Lottery funding will enable us to develop a number of other specialist groups, including those for people with habit disorders and young people. For people who may not be able to attend local Support Groups due to location or factors relating to their condition, these groups will be a lifeline.

National Conference

OCD Action's National Conference took place on 24th November 2012 at Church House, Westminster. 360 people attended, an increase of 15% on previous years, including OCD sufferers, their family, carers and friends. The day was divided into three main sections: Presentations by leading clinicians; Interactive Support Groups and Q&As. Delegates were able to choose sessions within each of those sections that were most relevant to them and their situation. There were also talks by inspirational speakers throughout the day, including an opening speech by Charles Walker MP, who disclosed his own experiences of OCD during a debate on mental health in the House of Commons. Feedback forms were distributed at the end of Conference and we were delighted by the positive response from those attending.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

ii) Supporting the young and hard to reach

OCD at School

OCD Action's 'OCD at School' project helps people working in schools to better understand OCD and the needs of young people with the disorder. The 'on the ground' activity is currently focused on schools in London and there is a website aimed at parents, teachers and young across the country.

Following consultation with young people and OCD Action's volunteers, staff team and Trustees, the Charity made the decision not to extend the OCD at School project into new regions. It was felt that a more comprehensive support package was needed for young people affected by OCD that would support them in all aspects of their life, not just when at school.

We want to replicate the services we currently provide nationally for adults and make them appropriate for young people. We have set up a Youth Advisory Panel (YAP) to aid the creation and steering of this project and we will work closely with the Maudsley Hospital – a centre of excellence for young people with OCD.

We are in the process of seeking funding to set up and run this essential project for young people.

Advocacy

OCD Action's life-changing Advocacy Service is the only specialist OCD advocacy service in the UK. We are pleased to report that this service has seen some significant developments this year. We have recruited 25 new Advocacy volunteers, bringing our total to 47, and we can now offer face-to-face advocacy in South West, South Wales, North East & Yorkshire, London & South East, North West and South Wales.

We have taken on 265 cases since the start of the project – helping people with OCD challenge the ignorance and discrimination that they face in all aspects of their lives. Around 50% of this case work has been supporting people to access specialist OCD treatment with the remainder covering issues such as housing, education and employment.

This year we were especially keen that our Advocacy service could reach more people from minority ethnic communities. Trustees are proud to report that 19% of our clients were from Black, Asian and Minority Ethnic communities and we will continue to promote our service to minority groups.

Awareness Champions

We have significantly increased our network of Awareness Champions around the country. An additional 50 volunteers were recruited this year and social media has played an important part in this. Volunteers are from regions across the country and will play a crucial role in raising awareness of OCD in particular to more rural communities and cultural communities where the Charity has previously had limited presence.

iii) Effecting change at a National level

OCD Clinician Forum

The development of the OCD Clinician Forum is an ongoing piece of work. OCD Action has now approved the terms of reference for the forum and an initial invitee list of over 20 people has been drawn up. These invitations will be sent out this month and we are confident that this will result in the formation of a strong panel of experts.

We are also undertaking a large research project focusing on IAPT (Improving Access to Psychological Therapies) services and looking at average waiting times, which will then be matched by a user experience survey. This is an important area of work and the collated findings from this project will be analysed and acted on by the Clinician Forum.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

Training sessions

To support young people suffering with OCD we have delivered specialist training sessions to student teachers and Special Educational Needs Co-ordinators (SENCOs) at Birmingham University and the following London boroughs: Redbridge (32 SENCOs), Westminster (18 SENCOs), Southwark (22 Educational Psychologists), Haringey (41 SENCOs) and Camden (31 teachers of students with specific learning difficulties). We will also be delivering an online teacher/SENCO training session at the end of July.

Awareness Week

OCD Action's Awareness Week took place on 18 - 24 February 2013. The purpose of the week is to work with regional Volunteers, local and national press and social media to raise awareness of Obsessive Compulsive Disorder and highlight the work of OCD Action and the treatability of the condition.

This year saw a huge increase in the amount of grassroots activity, with just over a hundred volunteers across the country staging local activities. Actions took place in universities, GP surgeries and out in the community and included displaying posters, distributing leaflets and giving talks.

There was also a large increase in social media activity and Twitter and Facebook were both successfully used as engagement tools. This was a new area for the charity and we now have a Social Media Volunteer who will be keeping the momentum going and taking this forward.

During Awareness Week, the Charity released its new film, "An introduction to OCD". This film can be viewed on the OCD Action website (www.ocdaction.org.uk/film). The aim of this film is to enable the general public to understand more about OCD by giving a clear and accurate explanation of the disorder and its treatment. The film has been broadcast on the Community Channel and is also available on video sharing websites.

In addition to this, OCD Action was selected as one of the charities to benefit from a BBC Radio 4 Appeal. Our two minute appeal was broadcast twice during April 2013 and provided a great opportunity to raise awareness of OCD and the work of OCD Action. The appeal was voiced by a person with OCD, and has so far generated donations totalling £4,330.

iv) Increasing financial stability

Progress in this area is outlined in more detail in the "fundraising and income generation" section below. As you will see, 2012-13 was a particularly successful year for the Charity and great progress was made in turning around a previous shortfall in core income.

b) Governance, Office and Administration

During the year, Trustees have continued the process of developing new leadership within the OCD community and have brought on-board new members to the trustee team to add additional strengths, skills and experience to the Charity. Trustees continue to believe in maintaining a balance of skills and experience on the trustee board where service users and medical professionals can work together for the good of people affected by OCD. As of September 2013, the Trustee team, both those elected by the Annual General Meeting and those co-opted to the trustee board, comprises:

- Six people with personal experience of OCD
- Two medical professionals
- One person with experience of caring for somebody with OCD
- Two other professionals (an accountant and lawyer)

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

c) Fundraising and Income Generation

2012-13 has been a successful year for income generation and in particular, raising the unrestricted income vital to keeping the Charity operational. In previous years, the Charity faced a regular deficit in unrestricted income and subsequently drew on reserves. This year, however, unrestricted income was up by more than 50% enabling the Charity to replenish its reserves.

This increase in unrestricted income can be seen as the result of;

Investing in fundraising

Investment in fundraising made towards the end of 2011-12 bore fruit with the Charity's part-time fundraising manager bringing new skill and expertise into the organisation.

Remaining focused

Income raised from Charitable Trusts remains the main source of ordinary income for the Charity. During the financial year the Charity continued to make highly selective approaches to Charitable Trusts. As such, the Charity was able to bring on board new funders, in particular the J P Getty Jr Charitable Trust and the National Lottery.

Excellent reporting

The Charity has maintained its excellent reputation on meeting project objectives and monitoring the impact of funding and this has helped to ensure ongoing support from a number of funders.

Financial management

The Charity has excellent financial management and accounting processes and as such has been able to make full and appropriate use of full cost recovery.

c. FUNDRAISING AND INCOME GENERATION

Income raised from Charitable Trusts remains the main source of ordinary income for the Charity. During the financial year the Charity made 40 approaches to charitable trusts. The charity takes a highly selective approach to trust fundraising, where trusts are targeted based on information available concerning the activities that they are likely to fund. The Charity received 17 positive responses from new approaches to Charitable Trusts during the year, a success rate of around 1 in 2.5. The total trust income received for the financial year was £233K (2012 £118K).

While the accounts for the year 2012-13 show an overall increase in total net income, it is important to note the Charity's success during the financial year in securing commitments of support for future financial years. Most notably, the Charity's applications to Comic Relief (£163K) and to The Henry Smith Charity (£32K) were both successful. These successes will have a significant impact on the Charity's future stability.

During the financial year the Charity has been improving its ability to identify and account for overhead costs associated to the delivery of funded projects and has budgeted for these in its funding proposals. The Charity's success in securing funds for these projects on this basis has therefore reduced the Charity's overhead costs for subsequent financial years.

Trustees are also glad to report an increase in income raised from community fundraising activity, where individuals fundraise on behalf of the Charity.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

4. FINANCIAL REVIEW

a. RESERVES POLICY

As stated above, during the financial year the charity was able to put core income back into its reserves having had to draw on this in previous years. As at 31 March 2013 unrestricted reserves stand at £65,022. This represents 6.8 months of unrestricted expenditure based on the budget for the year 2013-14. Achieving this level of unrestricted reserve has been a long term aim for Trustees who feel that this is necessary and prudent given the financial challenges that charities currently face.

5. PLANS FOR THE FUTURE

a. FUTURE DEVELOPMENTS

Over the coming year, the Charity specifically aims to ensure a better future for young people with OCD by increasing our youth provision and reaching out to children with the condition who may feel frightened and isolated. To achieve this we will:

- Expand our vital services for people affected by OCD to ensure those needing help get the support they need via the method they need it, be it in a group setting, one-to-one, via telephone or online.
- Increase the number of people we support through our life-changing work by raising awareness of OCD, and the support OCD Action can offer, amongst frontline professionals and the general public.

Over the next year, and subject to the approval of members, the Charity aims to undertake the process of changing its status to that of a Charity Incorporated Incorporation. This change will take effect from April 2014.

6. ACKNOWLEDGEMENTS AND APPRECIATION

OCD Action relies on the dedication and commitment of its team of volunteers who help to ensure that the Charity can continue to provide life changing support and information to people affected by OCD. Trustees and staff would like to take this opportunity to show their appreciation and thanks to this remarkable team.

The Charity would like to acknowledge the generous support that it receives from Charitable Trusts, Organisations and individuals on which it relies.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

OCD ACTION

TRUSTEES' (MEMBERS OF THE EXECUTIVE COMMITTEE) REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2013

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 3 September 2013 and signed on their behalf by:

A handwritten signature in dark ink, consisting of a stylized initial 'D' followed by a long horizontal line that tapers to a point on the right.

DANIEL NABARRO
CHAIR, OCD ACTION

OCD ACTION

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION

We have audited the financial statements of OCD Action for the year ended 31 March 2013 which comprise the Statement of financial activities, the Balance sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees, as a body, for our audit work, for this report, or for the opinion we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' responsibilities statement, the Trustees are responsible for the preparation of financial statements which give a true and fair view.

We have been appointed as auditors under section 145 of the Charities Act 2011 and report to you in accordance with regulations made under section 154 of that Act. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charity's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2013 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

OCD ACTION

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF OCD ACTION

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.



BAGINSKY COHEN
CHARTERED ACCOUNTANTS AND REGISTERED AUDITORS
REGISTERED AUDITORS
930 HIGH ROAD
LONDON
N12 9RT
3 September 2013

OCD ACTION

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating Income and Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2013

	Note	Restricted funds 2013 £	Unrestricted funds 2013 £	Total funds 2013 £	Total funds 2012 £
INCOMING RESOURCES					
Incoming resources from generated funds:					
Voluntary income	2	131,092	138,938	270,030	163,410
Other incoming resources - bank interest		-	44	44	13
TOTAL INCOMING RESOURCES		<u>131,092</u>	<u>138,982</u>	<u>270,074</u>	<u>163,423</u>
RESOURCES EXPENDED					
Costs of generating funds:					
Fundraising expenses and other costs	3	-	19,429	19,429	54,320
Charitable activities	6	113,969	76,437	190,406	134,858
Governance costs	5	-	9,127	9,127	8,983
TOTAL RESOURCES EXPENDED		<u>113,969</u>	<u>104,993</u>	<u>218,962</u>	<u>198,161</u>
MOVEMENT IN TOTAL FUNDS FOR THE YEAR - NET INCOME/(EXPENDITURE) FOR THE YEAR					
		17,123	33,989	51,112	(34,738)
Total funds at 1 April 2012		<u>25,535</u>	<u>31,033</u>	<u>56,568</u>	<u>91,306</u>
TOTAL FUNDS AT 31 MARCH 2013		<u><u>42,658</u></u>	<u><u>65,022</u></u>	<u><u>107,680</u></u>	<u><u>56,568</u></u>

All activities relate to continuing operations.

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 15 to 20 form part of these financial statements.

OCD ACTION

BALANCE SHEET AS AT 31 MARCH 2013

	Note	2013 £	2012 £
FIXED ASSETS			
Tangible assets	8	2,725	3,633
CURRENT ASSETS			
Debtors	9	-	13,500
Cash at bank and in hand		144,647	78,075
		<u>144,647</u>	<u>91,575</u>
CREDITORS: amounts falling due within one year	10	(39,692)	(38,640)
NET CURRENT ASSETS		<u>104,955</u>	<u>52,935</u>
NET ASSETS		<u>107,680</u>	<u>56,568</u>
CHARITY FUNDS			
Restricted funds	11	42,658	25,535
Unrestricted funds	11	65,022	31,033
TOTAL FUNDS		<u>107,680</u>	<u>56,568</u>

The financial statements were approved by the Trustees on 3 September 2013 and signed on their behalf, by:



DANIEL NABARRO
CHAIR, OCD ACTION

The notes on pages 15 to 20 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2013

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), 'Accounting and Reporting by Charities' published in March 2005 and applicable accounting standards.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.3 Incoming resources

All incoming resources are included in the Statement of financial activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability. For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1.4 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

IT and database software - 25% reducing balance

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

2. VOLUNTARY INCOME

	Restricted Funds 2013 £	Unrestricted Funds 2013 £	Total Funds 2013 £	Total Funds 2012 £
Corporate income	-	-	-	10,055
Conference income	-	5,273	5,273	6,150
Fundraising	-	3,861	3,861	10,798
Legacy	-	-	-	1,000
Miscellaneous income	-	582	582	803
Subscriptions and small donations	-	26,923	26,923	16,386
Trust income	131,092	102,300	233,392	118,217
	<u>131,092</u>	<u>138,939</u>	<u>270,031</u>	<u>163,409</u>
Total	<u>131,092</u>	<u>138,939</u>	<u>270,031</u>	<u>163,409</u>

3. TRADING ACTIVITIES

	Restricted funds 2013 £	Unrestricted funds 2013 £	Total funds 2013 £	Total funds 2012 £
Fundraising trading expenses				
Direct costs - Fundraising	-	19,429	19,429	54,320
	<u>-</u>	<u>19,429</u>	<u>19,429</u>	<u>54,320</u>
Net expenditure from trading activities	-	(19,429)	(19,429)	(54,320)
	<u>-</u>	<u>(19,429)</u>	<u>(19,429)</u>	<u>(54,320)</u>

4. COSTS OF GENERATING VOLUNTARY INCOME

	Restricted Funds 2013 £	Unrestricted Funds 2013 £	Total Funds 2013 £	Total Funds 2012 £
Allocation of Administrator's salary towards fundraising	-	504	504	6,088
Allocation of Director's salary towards generating general funds	-	16,301	16,301	16,318
Direct costs - Publicity	-	2,624	2,624	31,914
	<u>-</u>	<u>19,429</u>	<u>19,429</u>	<u>54,320</u>
Total	<u>-</u>	<u>19,429</u>	<u>19,429</u>	<u>54,320</u>

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

5. GOVERNANCE COSTS

	Restricted funds 2013 £	Unrestricted funds 2013 £	Total funds 2013 £	Total funds 2012 £
Auditors' remuneration	-	3,150	3,150	3,000
Allocation of Director's salary towards generating governance costs	-	5,977	5,977	5,983
	<u>-</u>	<u>9,127</u>	<u>9,127</u>	<u>8,983</u>

6. DIRECT COSTS

	Fundraising expenses £	Governance £	Charitable Activities £	Total 2013 £	Total 2012 £
Auditor's remuneration	-	3,150	-	3,150	3,000
Fundraising costs	19,429	-	-	19,429	54,320
Volunteers' expense	-	-	4,310	4,310	3,089
Repairs and renewals	-	-	576	576	156
IT support	-	-	9,049	9,049	6,868
Conference expenses	-	-	10,483	10,483	6,151
Recruitment expenses	-	-	1,637	1,637	1,717
Travelling expenses	-	-	6,630	6,630	4,774
Office costs	-	-	4,737	4,737	4,630
Telephone	-	-	3,660	3,660	3,819
Printing, postage and stationery	-	-	11,665	11,665	9,796
Depreciation	-	-	908	908	1,211
Training	-	-	647	647	110
Insurances	-	-	863	863	858
Sundry expenses	-	-	20	20	35
Outsourced services	-	-	1,922	1,922	1,891
Speaker fees	-	-	150	150	150
Legal and professional	-	-	2,743	2,743	-
Rent and rates	-	-	17,950	17,950	17,175
Salaries	-	5,977	103,275	109,252	72,508
National insurance	-	-	9,181	9,181	5,903
	<u>19,429</u>	<u>9,127</u>	<u>190,406</u>	<u>218,962</u>	<u>198,161</u>

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

7. NET INCOME / (EXPENDITURE)

This is stated after charging:

	2013 £	2012 £
Depreciation of tangible fixed assets: - owned by the charity	908	1,211

During the year, no Trustees received any remuneration (2012 - £NIL).

During the year, no Trustees received any benefits in kind (2012 - £NIL).

During the year, Trustees received £272.65 reimbursement of expenses (2012 - £NIL).

8. TANGIBLE FIXED ASSETS

	Other fixed assets £
Cost	
At 1 April 2012 and 31 March 2013	19,413
Depreciation	
At 1 April 2012	15,780
Charge for the year	908
At 31 March 2013	16,688
Net book value	
At 31 March 2013	2,725
At 31 March 2012	3,633

9. DEBTORS

	2013 £	2012 £
Prepayments and accrued income	-	13,500

10. CREDITORS: Amounts falling due within one year

	2013 £	2012 £
Trade creditors	1,641	6,419
Other taxation and social security	-	3,021
Accruals and deferred income	38,051	29,200

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

11. SUMMARY OF FUNDS

	Brought forward £	Incoming resources £	Resources Expended £	Carried Forward £
Unrestricted funds	31,033	138,982	(104,993)	65,022
Restricted funds	25,535	131,092	(113,969)	42,658
	<u>56,568</u>	<u>270,074</u>	<u>(218,962)</u>	<u>107,680</u>

12. SUMMARY OF RESTRICTED FUND MOVEMENTS

	Brought Forward £	Incoming Resources £	Resources Expended £	Carried Forward £
City Bridge Trust (1)	10,377	15,017	(12,941)	12,453
The Kitty & Daniel Nabarro Charitable Trust (2)	(387)	23,812	(23,812)	(387)
The Kitty & Daniel Nabarro Charitable Trust (3)			(2,303)	(2,303)
Baron Davenport's Charity (4)	300	-	-	300
The Norman Family (5)	250	-	-	250
The South London and Maudsley Hospital (6)	6,755	2,773	(5,502)	4,026
Comic Relief (7)	8,240	58,115	(51,156)	15,199
The Henry Smith Charity (8)		16,200	(11,617)	4,583
The National Lottery, Big Lottery Fund (9)		9,400	(3,510)	5,890
The National Lottery, Awards for All (10)		5,775	(3,128)	2,647
	<u>25,535</u>	<u>131,092</u>	<u>(113,969)</u>	<u>42,658</u>

OCD ACTION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2013

13. RESTRICTED FUNDS ANALYSIS

1. The City Bridge Trust - towards the OCD at school project.
2. The Kitty & Daniel Nabarro Charitable Trust - towards the salary and employment costs of the Fundraising Manager.
3. The Kitty & Daniel Nabarro Charitable Trust - towards the cost of the Film Project.
4. Baron Davenport's Charity - towards the OCD at School Project.
5. The Norman Family - towards advocacy in the South West.
6. The South London and Maudsley Hospital - towards the development and delivery of a parents support programme.
7. Comic Relief - towards the Advocacy Service.
8. The Henry Smith Charity - towards the First Steps project.
9. The National Lottery, Big Lottery Fund - towards the Better Together project.
10. The National Lottery, Awards for All - towards the Next Steps project.