

Q&A

Will this take up much of my time?

The interview will take no longer than an hour and will be conducted either over the telephone or in the method (i.e., face-to-face) most suited to you.

What do you mean by ‘psychological support’?

Any support for any mental health problems you may have experienced. This may be from support workers, counseling, charity support such as peer support, talking therapies, or another medium.

Will what I tell you be confidential?

Yes. The results of these interviews will be completely de-identified and no names or service names will be used so as to ensure your confidentiality.



Contact information

Thank you very much for considering taking part in this study

If you are interested in doing so, or have any further questions, please do not hesitate to contact one of our investigators:

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or Emma Ingram

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Women's experiences of receiving perinatal specific psychological support



Information
about the study



What is the study about?

We are interested in finding out more about women's experiences of psychological support during pregnancy or the postnatal period.

We are particularly interested in hearing from you if you have received peer support through charities or community groups. However, we are interested in hearing all experiences.

We hope to help inform services on how they may be improved for pregnant and postnatal women who are struggling with mental health problems.

What taking part involve?

1. Contacting the research team to let them know you are interested in taking part
2. Reading the study information sheet we will send and deciding whether you would like to be involved
3. Signing a consent form
4. Arranging an interview at a time and location (or over the telephone) convenient for you
5. Taking part in the interview which will last between 40 minutes to an hour