



Oxford Health
NHS Foundation Trust

Oxford Doctoral Course in Clinical Psychology
An NHS Course validated by the University of Oxford
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PARTICIPANT INFORMATION SHEET

A questionnaire study examining the link between experiences of betrayal and Borderline Personality Disorder (BPD)

This study has been approved by the **Research Ethics Committee for Wales**.
Project ID Number: 19-WA-0286.
IRAS Reference Number: 266186

We would like to invite you to take part in a research study. This research study is being carried out as part of an educational project.

Before you decide whether or not, it is important for you to understand why the research is being done and what it will involve. Please take your time to read this information sheet and feel free to talk it through with others before you make a decision should you so wish.

What is this research about?

We know that feeling betrayed of trust by the actions of someone that is close to you can be traumatic and cause considerable distress. However, little is known about the impact of betrayal experiences and mental health. This study is designed to further investigate the impact of betrayal experiences and whether betrayal experiences are relevant to the understanding of a person's current psychological difficulties.

Who is organising and funding this study?

The research has been organised by Stephanie Barningham, Trainee Clinical Psychologist as part of her Clinical Psychology Doctorate. The research will be funded by the University of Oxford.

Why have I been invited?

Three groups will be included in the study. You have been invited to take part in this study because you either have a current diagnosis of Borderline Personality Disorder (BPD) or Obsessive-Compulsive Disorder (OCD) or you are a healthy volunteer.

Do I have to take part?

No. Your participation is voluntary. Deciding not to take part in the study will not affect the care you receive from services either now or in the future.

You may withdraw at any point during the questionnaire for any reason, before submitting your answers, by pressing the 'Exit' button / closing the browser. This study is anonymous and we cannot save any data from the survey until you have submitted it at the end. This means that if you exit the study before the end, we will be unable to redirect you back to your last completed page. If you choose to exit the study early and would like to complete the study at another time, you will need to start from the beginning.

As the data you provide will be anonymous it will not be possible for us to identify and remove your data specifically from our research once you have submitted your responses to the questionnaires.

What will I be asked to do if I take part in the research?

If you decide to take part, you will first be asked to provide some background information about yourself and complete a number of questionnaires about your overall mood. You will then be asked to answer questions related to betrayal experiences and how you feel you relate to yourself and other people in relationships. You will be asked to reflect on times you believe you have been betrayed but we will not ask you to describe the event in detail.

Taking part in this project is estimated to last around 60 minutes. All of the questionnaires can be completed online via the link below.

https://psychiatryoxford.qualtrics.com/jfe/form/SV_8ArYPdxLp4wD1E9



This online survey is anonymous and your identity will remain completely unknown. The data from the completed questionnaires will only be seen by researchers in our team and we will not have any means of knowing who has completed the questionnaires.

Once your data is collected, it will be screened to ensure that you meet the eligibility criteria to take part in this study. This screening process is to ensure that we have participants taking part in this study who either have a diagnosis of OCD, BPD, or are a healthy volunteer. If criteria are not met, then your data will be removed from the study.

No background knowledge is required to take part in this study.

If you have any questions that are not answered here or if you would like feedback on something, you can contact the researcher by email:

Stephanie.Barningham@oxfordhealth.nhs.uk

What if I do not want to use the internet?

Sometimes people have a strong preference or reason for not using the internet to complete questionnaires. If you would rather have a paper copy of these questionnaires sent to you, please use the contact details provided on this page to speak with a member of the research team about this. The researcher will send you a copy of the questionnaires in the post. You will be able to return your completed questionnaire pack in a pre-paid envelope. Your contact details and address will be destroyed once the questionnaire pack has been sent to you.

What are the possible advantages of taking part?

There will be no direct benefit to you in taking part. If you agree to take part you will be helping the researchers develop new knowledge that could improve our understanding and treatment of those with BPD who experience long-term difficulties after experiencing betrayal in a relationship. For every participation in this project we will donate **£2*** to charity. The charities to choose from are MIND (a mental health charity based in the UK) or OCD-UK (a national charity run by and for people with lived experience of OCD). We really appreciate your help.

* Donations will be capped at a maximum of £250

What are the potential disadvantages of taking part?

There are no risks of taking part in the study. However, because we are measuring levels of anxiety, depression and event related distress, the questionnaires will ask you questions about any current symptoms. We will also be asking you to remember times when you have felt betrayed, which some people might find upsetting. Please do not take part if you think this will be too upsetting for you.

We would recommend taking the online survey when you feel comfortable and in no way distressed. If you are currently experiencing high levels of distress we would suggest completing this survey at another time. We would also suggest that you complete the survey in a place that is private and has little distraction.

This research is supervised by two highly experienced Clinical Psychologists whose contact details are at the end of this information sheet if you wish to discuss any concerns you may have with them. You can also discuss any concerns you have directly with the researcher. In addition, upon completion of the study, a debrief sheet will be provided with contact details of third-party organisations that would also be able to offer support and guidance. These resources could also be used should you find the process of the research distressing. Although we do not anticipate this to be a distressing process, we recognise that the topics covered by this project can be quite sensitive ones and so support is available should you feel concerned following your participation.

If you have any questions about this before you start, please get in touch using the details below.

What will happen to my data?

You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have. We will keep all information about you safe and secure.

All data collected as part of the study will meet GDPR rules. GDPR stands for the General Data Protection Regulation. In the UK we follow the GDPR rules and have a law called the Data Protection Act. All research using patient data must follow UK laws and rules.

Data protection regulation requires that we state the legal basis for processing information about you. In the case of research, this is 'a task in the public interest.' The University of Oxford is the data controller and is responsible for looking after your information and using it properly.

All of the information that we collect is kept confidential. Each person who takes part in the study will be assigned an anonymous participant number (e.g. 001). This means that your data will be entirely anonymous meaning individuals cannot be identified. Your anonymous data will then be stored in a password-protected file and may be used in an anonymised format (grouped with other participants) in academic publications. Any paper records will be kept in a locked cabinet which is only accessible by the lead researcher and the research supervisors. Research data will be stored for five years after publication or public release.

Once the project is finished, we will happily give you a report of our findings if you are interested.

Will the research be published?

The University of Oxford is committed to the dissemination of its research for the benefit of society and the economy and, in support of this commitment, has established an online archive of research materials. This archive includes digital copies of student theses successfully submitted as part of a University of Oxford postgraduate degree programme. The results of the research will be written up for publication in professional journal which would be available to a large amount of people.

The results of the research study will be written up as part of the researchers' doctoral theses as part of a Doctorate in Clinical Psychology at the University of Oxford. On successful submission of the thesis, it will be deposited both in print and online in the University archives, to facilitate its use in future research. If you wish to obtain a copy of the published results, please inform the researcher. We would be delighted to send them to you when they are available.

What if there is a problem?

If you have a concern about any aspect of this project, please speak to the researcher Stephanie Barningham (Stephanie.Barningham@oxfordhealth.nhs.uk). You can either speak via email or arrange a telephone call. You can also speak to the project supervisors (details below) who will do their best to answer your query. If you have a concern, the researcher should acknowledge your concern within 10 working days and give you an indication of how they intend to deal with it.

The University of Oxford, as Sponsor, has appropriate insurance in place in the unlikely event that you suffer any harm as a direct consequence of your participation in this study. You may contact the University of Oxford Clinical Trials and Research Governance (CTRG) office on 01865 (6)16480, or the head of CTRG, email ctrig@admin.ox.ac.uk.

The Patient Advisory Liaison Service (PALS) is a confidential NHS service that can provide you with support for any complaints or queries you may have regarding the care you receive as an NHS patient. PALS is unable to provide information about this research study. You can find your local service here: [www.nhs.uk/Service-Search/Patient-advice-and-liaison-services-\(PALS\)/LocationSearch/363](http://www.nhs.uk/Service-Search/Patient-advice-and-liaison-services-(PALS)/LocationSearch/363)

Who has reviewed the study?

All research in the NHS is looked at by an independent group of people, called a Research Ethics Committee, to protect participants' interests. This study has been reviewed and given favourable opinion by Research Ethics Committee (REC) for Wales [19-WA-0286].

For more information, please contact the researcher:

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Thank you for taking the time to read this information sheet.

To take part in this research, please follow the link below:

https://psychiatryoxford.qualtrics.com/jfe/form/SV_8ArYPdxLp4wD1E9

