



# ***PARTICIPANTS WANTED FOR RESEARCH STUDY***

## ***Adult's subjective experiences of obsessions and compulsions***

My name is Orinayo Onabanjo and I am a trainee counselling psychologist at the University of Surrey. As part of my doctoral thesis, I am inviting **adults currently experiencing or who have had an experience of obsessions and compulsions** to take part in a research project that explores their subjective experiences of obsessions and compulsions.

The aim of the project is to understand your experience of obsessions and compulsions in a holistic way by taking into account your whole life context and interpersonal relationships. This project will not be coming from the common diagnostic perspective of Obsessive Compulsive Disorder (OCD). This means the focus will not be on the obsessions and compulsions as symptoms of an OCD diagnosis, but as meaningful responses to your unique life experiences.

The aim is to explore your perspective on what your experience of obsessions and compulsions is like in the context of your wider environment and interpersonal relationships.

The research study will involve **semi-structured interviews** which allow for open ended exploration of your experience. The interview will last between 1 to 1.5 hours.

If you would like to participate in the study, please contact me on the following email:

**[o.disun-odebode@surrey.ac.uk](mailto:o.disun-odebode@surrey.ac.uk)**

Thank you in advance

Orinayo Onabanjo