

What do you think about the application of Serious Games in psychological therapy?

What are Serious Games?

Serious Games are computer or video games that go beyond the purpose of pure entertainment, and include an educational component (e.g. promote a healthy lifestyle, train cognitive skills, etc.). Serious Games are becoming more popular in many settings, including psychotherapy. We are doing an international survey to find out what mental health clinicians think.

Who can take part?

You can take part if you are a **mental health clinician** (or if you are currently in training to become one) working with clients of any age group, in any psychotherapeutic modality **in the UK**.

Even if you **haven't** used Serious Games in your clinical work, your views are important and we want to hear from you.

How long is it?

The survey takes about **15-20 minutes** to complete.

To start the survey, please click here or copy the link:

<https://www.surveymonkey.com/r/BXFX8F2>

This study is being conducted by Clinical Psychology Doctoral student, Jessica Huss (jessi_huss@web.de) under the supervision of Professor Christiane Eichenberg from the Sigmund Freud University in Austria (christiane@rz-online.de) and Professor Heidi Möller, University of Kassel in Germany and in cooperation with the University of Plymouth in the UK.

Thank you for your support!