

Brief Information Sheet

We are looking for individuals with Obsessive Compulsive Disorder (OCD) (aged 18-75) to participate in a study looking at how obsessions and compulsions are experienced as people go about their everyday life.

The project involves:

- ✓ A brief screening assessment on the phone
- ✓ Completing online questionnaires (15-20 min)
- ✓ Downloading and using a **research app** on your phone where, for 10 days, you will rate your experiences several times throughout the day
- ✓ Rating takes less than a minute to complete
- ✓ Answering a survey online about your experience
- ✓ You will receive £20 Amazon voucher for your participation



You must own and have access to an **Android smartphone** (not iPhone Apple) which you can keep close by for the duration of the study. You can receive a summary of how your symptoms changed over time during the study

