

Get help to fight your OCD



Show the real OCD



Support someone else



ocdaction
it's time to act

Week of Action 2016

15th-19th February

OCD Week of Action is all about fighting back. Whether it's taking the first steps to tackle your OCD or joining our campaign for better services, there is something that you can do - so join the fight!

To get involved, visit

www.ocdaction.org.uk

or call

020 7253 5272

Campaign for a better deal



Improve our understanding



Help us help others



Text OWOA16 £3 to 70070 to donate £3 to ocdaction

Registered charity No: 1154202